



CITY OF HARRISONBURG  
**PARKS  
& REC**

# Summer 2024 Programs

June - August

**Teen Swim Lessons - 12**

**Parks and Rec Month - 16**

**Youth TryAthlon - 17**

**Football - 19**

Find the complete  
guide here



**Program Registration**

[www.HarrisonburgVA.gov/Program-Registration](http://www.HarrisonburgVA.gov/Program-Registration)  
or in person at any Recreation Center

### OUR MISSION

To enhance the quality of life and meet the needs of the community by providing comprehensive leisure service opportunities and to develop and maintain a safe system of open spaces and public facilities for the use and enjoyment by the public.

### OUR VISION

The Harrisonburg Parks and Recreation Department will be a leading resource for creating positive leisure, recreational, and cultural experiences. We will offer a variety of quality programs, parks, and facilities for people of all ages, ethnicities, and abilities. Our department will lead the way in implementing innovative actions and policies related to environmental awareness, connectivity, and recreation.

### PARKS AND RECREATION ADVISORY COMMISSION

MuAwia DaMes  
 Chance Ebersold  
 Deb Fitzgerald  
 Kevin Gibson  
 James Honeycutt Sr.  
 Deanna Reed, City Mayor  
 Rachel Smallwood  
 Dr. Leonard A. Van Wyk



### How to Reach Us!

#### EMAIL

[ParksandRecreation@HarrisonburgVA.gov](mailto:ParksandRecreation@HarrisonburgVA.gov)

#### WEBSITE

[www.HarrisonburgVA.gov/Parks-Recreation](http://www.HarrisonburgVA.gov/Parks-Recreation)

#### FACEBOOK

@HarrisonburgParksandRecreation

#### INSTAGRAM

@HarrisonburgParks

#### X

@HburgParks

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## Directory

Athletics	540-433-9168
Community Activities Center	540-433-2474
Heritage Oaks Golf Course	540-442-6502
Lucy F. Simms Center	540-437-9213
Price Rotary Senior Center	540-432-7799
Park Administration	540-438-1644
Westover Swimming Pool	540-434-0571

## Facility Memberships

Memberships run January 1-December 31 (half-price membership available July 1-December 31)

Membership gives you access to Community Activities Center, Lucy F. Simms Center, and Westover Pool.

Adults: \$60 Resident / \$120 Non-Resident

Youth (12 - 17): \$30 Resident / \$60 Non-Resident

Seniors (50+): \$30 Resident / \$60 Non-Resident

Family: \$150 Resident / \$300 Non-Resident

Daily Rate (Adult): \$3.00 Resident/ \$6.00 Non-Resident

Daily Rate (Youth): \$2.00 Resident/ \$4.00 Non-Resident

# RECREATION CENTERS

## LUCY F. SIMMS CENTER (SIMMS)

### Programs

- Pound..... 5
- ABCs of Fitness..... 5
- Yoga..... 5
- Moving and Grooving..... 25
- Zumba Gold..... 25

### Drop In Programs

- Video Game & Boardgame Night..... 21
- Family Movie Night..... 21



### Hours

Monday - Friday 7am - 9pm  
Saturday - 9am - 5pm

### Open Gym

- Basketball
- Pickleball

Visit [HarrisonburgVA.Gov/simms-center](http://HarrisonburgVA.Gov/simms-center) for open gym hours

## CECIL F. GILKERSON COMMUNITY ACTIVITIES CENTER (CAC) & WESTOVER POOL

### Programs

- Zumba..... 5
- Swimming Lessons..... 10
- Afterschool (ASA)..... 21
- Summer Camp (SOAR)..... 21
- Preschool..... 21
- Dance..... 23
- Cardio and Strength..... 25
- Gentle Stretch..... 25

### Drop In Programs

- Lap Swim..... 7
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- Tumbling Room..... 21



### Hours

Monday - Friday 6am - 9pm  
Saturday - 9am - 5pm

### Open Gym

- Basketball
- Volleyball
- Pickleball



Visit [HarrisonburgVA.Gov/community-activities-center](http://HarrisonburgVA.Gov/community-activities-center) for open gym hours

Visit [HarrisonburgVA.Gov/swimming-pool](http://HarrisonburgVA.Gov/swimming-pool) for pool hours

## PRICE ROTARY SENIOR CENTER

### Programs

- Yoga..... 25
- Pilates..... 25
- Yogalates.... 25
- Tai Chi..... 25
- Crochet..... 25

### Drop In Programs

- Craft and Chat..... 26
- Book Club..... 26
- Monday Afternoon Matinee.... 26
- VPAS Cafe..... 26
- Aging with Confidence..... 26

### Hours

Open during scheduled programs





CITY OF HARRISONBURG  
**PARKS  
& REC**

## Summer 2024

### Fitness & Nutrition

Harrisonburg Parks and Recreation presents you with a wealth of fitness opportunities!

Check out what is new!

## Our Summer Opportunities

### Fitness & Nutrition

#### Fitness

Enhance your fitness routine with our Yoga, Zumba, Pilates, POUND, or try out the ABCs of Fitness!

#### Adult Dance

Dancing is a great way to keep active! Join our adult ballet or tap class!



### Fitness Registration & Information:

Registration must take place online at [www.harrisonburgva.gov/program-registration](http://www.harrisonburgva.gov/program-registration) or in person at any recreation center. If you have questions please call 540-433-2474.

**City Resident Registration April 29 | Non Resident Registration May 13**

## FITNESS CLASSES

### POUND

Instructor: Lindsey Harvell-Bowman

Designed for all fitness levels, POUND® provides the perfect atmosphere for letting loose, getting energized, toning up and rockin' out! The workout is easily modifiable and the alternative vibe and welcoming philosophy appeals to rockstars of all ages and abilities. Make sure to bring a yoga mat and water bottle. No class June 13 or July 4

**Location: Simms Center Auditorium**

**City Res \$30 | Non Res \$35 | Ages 18+**

**#231410A1 | Th | Jun 6 - Jul 25 | 6:45pm - 7:45pm**

**#231410A2 | Th | Aug 1 - Sep 5 | 6:45pm - 7:45pm**

### Vinyasa Yoga

Instructor: Lisa Hasler RYT

Combining breath with movement, this class will steadily progress from a fluid opening sequence of poses through a series of more vigorous postures. Participants will feel energized and challenged yet leave feeling steady and relaxed. Yoga experience helpful but not required. Please bring your own mat, blocks, and water bottle.

We will have class outside on the lawn in front of the Simms Center. If there is rain then class will move inside.

**Location: Simms Center Front Lawn (inside Simms if rain)**

**City Res \$30 | Non Res \$35 | Ages 18+**

**#221427A1 | Sa | Jul 13 - Aug 3 | 9:00am - 10:00am**

### ABCs of Fitness:

Instructor: Kathy Siker

### Agility Balance Cardio & Strength

Improve your cardiovascular fitness, build total-body strength and enhance your functional fitness in this 45 minute class. Channel your inner athlete, dancer, boxer – you do you and get FIT! Bring an exercise mat, resistance band, and water.

**Location: Community Activities Center Fitness Studio**

**City Res \$30 | Non Res \$35 | Ages 18+**

**#221403A1 | M | July 15 - Aug 19 | 5:30pm - 6:15pm**

**NEW!**

### Zumba Step

Instructor: Melissa Shank

We combine the awesome toning and strengthening power of Step aerobics, with the fun fitness-party that only Zumba® brings to the dance-floor. Zumba® Step increase cardio and calorie burning, while adding moves that define and sculpt your core and legs.

No class June 19, July 3, July 31.

**Location: Community Activities Center Fitness Studio**

**City Res \$30 | Non Res \$35 | Ages 18+**

**#221404A1 | W | Jun 5 - Aug 14 | 6:30pm - 7:30pm**

## DANCE FOR FITNESS

### Adult Ballet for Fun & Exercise

**Location: Community Activities Center Dance Studio**

**City Res \$25 | Non Res \$30**

**#220316A2 | Ages 18+ | M | Jun 3 - Jul 1 | 6:30pm - 7:15pm**

### Adult Tap for Fun & Exercise

**Location: Community Activities Center Dance Studio**

**City Res \$25 | Non Res \$30**

**#220317A1 | Ages 18+ | M | Jun 3 - Jul 1 | 7:15pm - 8:00pm**



## Summer 2024 Aquatics

Harrisonburg Parks and Recreation is offering various aquatics opportunities this season at Westover Pool!

### Our Summer Opportunities

#### Lap Swim & Recreational Swim

Reserve a lane for lap swim or water workout, available Monday-Friday, 6am-7pm. If lounging is more your speed, enjoy the water during our daily recreation swim hours, 12:00pm-7:00pm beginning June 8th.

#### Swim Lessons

Group lessons offered on Monday-Thursday mornings. Groups lessons start as young as six months. Check out our youth swim guide to make placement easier! Private and semi-private lessons for kids, teens and adults are back!

#### WSI and LGI Courses

Check out our upcoming American Red Cross instructor level courses!



### Aquatics Registration & Information:

Registration must take place online at [www.harrisonburgva.gov/program-registration](http://www.harrisonburgva.gov/program-registration) or in-person at any recreation center. If you have questions please call 540-434-0571.

**City Resident Registration April 29th | Non-Resident Registration June 10th**

# WESTOVER POOL: Hours and Events

## SWIM HOURS

Please check [www.HarrisonburgVA.gov/Swimming-Pool](http://www.HarrisonburgVA.gov/Swimming-Pool) for more pool hours information.

### Recreation Swim

**May 25th-May 27th**

Saturday - Monday | 12:00pm - 7:00pm

**June 1st - 2nd**

Saturday - Sunday | 12:00pm - 7:00pm

**Beginning June 8th, 12:00pm - 7:00pm daily**

### Lap Swim Hours

**May 25th-May 27th**

Saturday - Monday | 12:00pm - 7:00pm

**June 1st - 2nd**

Saturday - Sunday | 12:00pm - 7:00pm

**June 3rd - 7th**

Saturday - Sunday | 12:00pm - 7:00pm

**Beginning June 8th, 6:00am - 7:00pm, Monday - Friday, 12:00pm-7:00pm weekends**

### Daily Admission Fee

Residents living inside the City limits will need to show proof of residency at time of entry.

**Infant (Age 2 and Under) | Free**

**Children (Age 17 and Under) | City Res \$2 | Non Res \$4**

**Adult (Age 18+) | City Res \$3 | Non Res \$6**

*Capacity restrictions may be in place at management's discretion during Recreation Swim hours. Refunds will not be issued for weather related closures or other unexpected closures.*

### Summer Family Pool Pass

Summer pool passes are available for purchase starting Saturday, May 25th. A family pass covers two adults and up to four children residing in the same residence. Additional children can be added for \$15.00 each. Hours reduce on 8/20 but your pass is good through September 2nd, 2024.

**City Res \$75 | Non Res \$150**



## POOL EVENTS

### Memorial Day Weekend

Kick off the unofficial start of summer when both our outdoor pools open on Saturday, May 25th! Pool admission discounts for Veterans applied Saturday, May 25th through Monday, May 27th from 12:00pm-7:00pm.

### School's Out Summer Kick-Off!

Join us Saturday, June 8th as we officially kick off summer 2024! Enjoy a great day with our lifeguards as we host activities, give-aways and a great time from 12:00pm-7:00pm. We are looking forward to another great summer with you!



### Free Pool Days to Celebrate Parks and Rec Month!

Each Thursday in July, City residents will get free entry to Westover Pool during the dates and times listed below. ID with City address is required for free entry.

**Location: Westover Pool**

**Th | Jul 11 | 12:00pm - 7:00pm**

**Th | Jul 18 | 12:00pm - 7:00pm**

**Th | Jul 25 | 12:00pm - 7:00pm**

### Swim Meet Closures

We anticipate closing at 4:30pm on the following Tuesdays for Westover Waves home swim meets:

Tuesday, June 11th

Tuesday, June 25th

Tuesday, July 2nd

Tuesday, July 9th

Checkout <https://www.facebook.com/WestoverWavesSwimTeam> or email [westoverwavesteam@gmail.com](mailto:westoverwavesteam@gmail.com) for more information on summer swim team!

# WESTOVER POOL: Summer Safety

## WATER WATCHERS AND GUARDIANS

Our lifeguards are well trained, but the safety of your child depends on you!

Lifeguards are the last defense when it comes to water safety. While our attention is focused on everyone, your attention can be focused on your child and those you came with to the pool. Help us by becoming a Water Watcher or Guardian again this summer!

To earn your free adult admission, present your Safe Kids Water Watcher card or your Water Guardian certificate from Colin's Hope anytime during the summer.

Learn more at <https://www.safekids.org/other-resource/water-watcher-card> or dive deeper and take the quiz at [www.colinshope.org](http://www.colinshope.org). Having you around helps us keep everyone safer.



## 10 TIPS FOR A BETTER POOL VISIT

At Westover, we want you to have the best pool experience! Here are our 10 tips to a great visit!

1. Watch your kids around water. Weak swimmers or swimmers in flotation devices should be kept within arms reach of an adult! [www.safekids.org](http://www.safekids.org)
2. Don't just pack it, wear your jacket! We recommend USCG approved flotation devices.
3. Enroll kids in swim lessons or learn to swim yourself! [harrisonburgva.gov/parks-recreation](http://harrisonburgva.gov/parks-recreation)
4. Make sure you and your kids know the limits; i.e. how deep before the water is up to the chest, eyes, etc. and set those boundaries.
5. Before going off the diving board or climbing the rock wall, feel free to request a swim test. Most of our saves are weak swimmers in the diving well.
6. Wear your sunscreen and sun protection clothing.
7. Clean up your space. Snacks and non-alcoholic beverages are allowed as long as you throw away your trash and ensure no glass containers are brought in.
8. Respect other guests by considering the language you use and the behaviors you display. We reserve the right to ask any guest using foul language or rude behavior to leave the facility.
9. Check the weather. In the event of weather or other unexpected closures, refunds will not be offered.
10. Finally, choose swimsuits in bright colors: yellows, oranges, greens and reds. Avoid white, black, grey and blue hue. [alivesolutions.com](http://alivesolutions.com)

## SWIM TRAINING AND FITNESS

### Masters Swimming

Swim team practice for adults 18+. Join to improve your swimming, technique, get in shape, or take your current workouts to the next level. Participants can come to as many practices as they choose per month. Practice will be held Tuesday - Thursday, 7am - 9am. Seasonal membership to Masters Swimming is required, no additional pool membership necessary.

#### Summer Membership

City Res \$75 Non-Res \$125 | Ages 18+

#221107A1 | Tu, W, Th | 7:00am-9:00am (June - September)

### Rock the Rivanna!

In the fall, we challenged you to swim the Shenandoah and track your miles for bragging rights! This summer, we renew the challenge and want to see you rock the Rivanna! In the roughly 75 days of summer, see if you can swim enough miles to cover the 31 miles of the Rivanna. The Rivanna runs through Fluvanna and Albemarle counties before meeting up at the confluence of the James. Book your lane and get swimming!

Lap Swim or Membership Fees Apply | All Ages

Report lap counts to [Michelle.Tucker@HarrisonburgVA.gov](mailto:Michelle.Tucker@HarrisonburgVA.gov).

Challenge begins Saturday, June 8th and ends on Monday, September, 2nd.

### Youth Try Prep

Get ready for the Youth Tryathlon with us! This two week class will meet Monday-Thursday and focus on all aspects of triathlon prep. The first week will be pool focused while the second week will focus on putting it all together and transitions. Bikes should be brought during the second week.

Open to City Residents Apr 29 | Non-Residents June 10  
City Res \$25 Non-Res \$50 | Ages 10

#221108C1 | Mon - Thur | Jul 15 - Jul 25 | 9:00am - 9:30am

#221108D1 | Mon - Thur | Jul 29 - Aug 8 | 9:00am - 9:30am

### Water Safety Instructor Course

Get certified as a swim instructor in this American Red Cross course offering. The Water Safety Instructor course is designed to give you the tools to teach swim lessons to various ages and abilities. Contact [Michelle.Tucker@HarrisonburgVA.gov](mailto:Michelle.Tucker@HarrisonburgVA.gov) for more details.

Course Fee \$175 | Ages 16+

#231104A1 | Aug 12 - 16 | 12:00pm - 6:00pm

### Lifeguarding Instructor Course

Learn how to teach lifeguarding courses and train currently certified lifeguards in this American Red Cross instructor level course. Course candidates must have a current American Red Cross lifeguarding certification and meet the standard of skills in the course. Contact [Michelle.Tucker@HarrisonburgVA.gov](mailto:Michelle.Tucker@HarrisonburgVA.gov) for more details.

Course Fee \$175 | Ages 17+

#231103A1 | Aug 19 - 22 | 12:00pm - 4:30pm



# WESTOVER POOL: Parent/Tot & PreK Group Lessons

## Hermit Crab: Parent/Tot Level 1

For parents and their tots ages 6 months to 1.5 years, these classes introduce you both to basic water safety and give you the tips you need to create your own water fun. Swim diapers are required. Lessons consist of 4, 30-minute classes.

**Open to City Residents Apr 29 | Non-Residents June 10**

**City Residents \$20 | Non-Residents \$40**

#211100B1 | Mon - Thurs | Jul 1 - 4 | 10:30am - 11:00am

#211100B2 | Mon - Thurs | Jul 1 - 4 | 11:15am - 11:45am

## Barnacle: Parent/Tot Level 2

Focusing on tots ages 1.5 - 3 years, with their parents, this level will work on early fundamental aquatic skills to prepare your child to venture into our group lessons. Swim diapers may be required. Lessons consist of 8, 30-minute classes. .

**Open to City Residents Apr 29 | Non-Residents June 10**

**City Residents \$25 | Non-Residents \$50**

#211101C1 | Mon - Thurs | Jul 15 - Jul 25 | 10:30am - 11:00am

#211101C2 | Mon - Thurs | Jul 15 - Jul 25 | 11:15am - 11:45am

#211101D1 | Mon - Thurs | Jul 29 - Aug 8 | 10:30am - 11:00am

## UNICORN FISH: PREK LEVEL 1

Ideal for beginner, non-swimmers ages 3-5, Unicorn Fish will work to master the following skills with assistance from an instructor: fundamental personal water safety skills, floating, water comfort and basic swimming. Lessons consist of 8, 30-minute classes.

**Open to City Residents Apr 29 | Non-Residents June 10**

**City Residents \$25 | Non-Residents \$50**

#211102A1 | Mon - Thur | Jun 17 - Jun 27 | 11:15am - 11:45am

#211102A2 | Mon - Thur | Jun 17 - Jun 27 | 11:15am - 11:45am

#211102B1 | Mon - Thur | Jul 1 - Jul 11 | 9:45am - 10:15am

#211102B2 | Mon - Thur | Jul 1 - Jul 11 | 10:30am - 11:00am

#211102B3 | Mon - Thur | Jul 1 - Jul 11 | 10:30am - 11:00am

#211102B4 | Mon - Thur | Jul 1 - Jul 11 | 11:15am - 11:45am

#211102B5 | Mon - Thur | Jul 1 - Jul 11 | 11:15am - 11:45am

#211102C1 | Mon - Thur | Jul 15 - Jul 25 | 9:45am - 10:15am

#211102C2 | Mon - Thur | Jul 15 - Jul 25 | 10:30am - 11:00am

#211102C3 | Mon - Thur | Jul 15 - Jul 25 | 11:15am - 11:45am

#211102D1 | Mon - Thur | Jul 29 - Aug 8 | 9:45am - 10:15am

#211102D2 | Mon - Thur | Jul 29 - Aug 8 | 9:45am - 10:15am

#211102D3 | Mon - Thur | Jul 29 - Aug 8 | 10:30am - 11:00am

#211102D4 | Mon - Thur | Jul 29 - Aug 8 | 10:30am - 11:00am

#211102D5 | Mon - Thur | Jul 29 - Aug 8 | 11:15am - 11:45am

#211102D6 | Mon - Thur | Jul 29 - Aug 8 | 11:15am - 11:45am

## RAY: PREK LEVEL 2

Students ages 3-5 with some group lesson or swimming experience will focus on confidence, water safety, breath control and rhythmic, coordinated movement in the water to develop basic front and back crawl for short distances. Lessons consist of 8, 30-minute classes.

**Open to City Residents Apr 29 | Non-Residents June 10**

**City Residents \$25 | Non-Residents \$50**

#211103A1 | Mon - Thur | Jun 17 - Jun 27 | 9:45am - 10:15am

#211103A2 | Mon - Thur | Jun 17 - Jun 27 | 11:15am - 11:45am

#211103B1 | Mon - Thur | Jul 1 - Jul 11 | 9:45am - 10:15am

#211103B2 | Mon - Thur | Jul 1 - Jul 11 | 11:15am - 11:45am

#211103B3 | Mon - Thur | Jul 1 - Jul 11 | 11:15am - 11:45am

#211103C1 | Mon - Thur | Jul 15 - Jul 25 | 9:45am - 10:15am

#211103C2 | Mon - Thur | Jul 15 - Jul 25 | 9:45am - 10:15am

#211103C3 | Mon - Thur | Jul 15 - Jul 25 | 10:30am - 11:00am

#211103C4 | Mon - Thur | Jul 15 - Jul 25 | 11:15am - 11:45am

## GROUPER: PREK LEVEL 3

Grouper students are comfortable in the water and have mastered some basic swimming skills. Participants ages 3-6 will focus on coordinated breathing techniques with front and back crawl and begin basic skills for additional strokes while building endurance. Lessons consist of 8, 30-minute classes.

**Open to City Residents Apr 29 | Non-Residents June 10**

**City Residents \$25 | Non-Residents \$50**

#211104A1 | Mon - Thur | Jun 17 - Jun 27 | 9:45am - 10:15am

#211104A2 | Mon - Thur | Jun 17 - Jun 27 | 10:30am - 11:00am

#211104B1 | Mon - Thur | Jul 1 - Jul 11 | 9:45am - 10:15am

#211104C1 | Mon - Thur | Jul 15 - Jul 25 | 9:45am - 10:15am

#211104C2 | Mon - Thur | Jul 15 - Jul 25 | 10:30am - 11:00am

#211104D1 | Mon - Thur | Jul 29 - Aug 8 | 11:15am - 11:45am



# WESTOVER POOL: Group Swim Lesson Placement

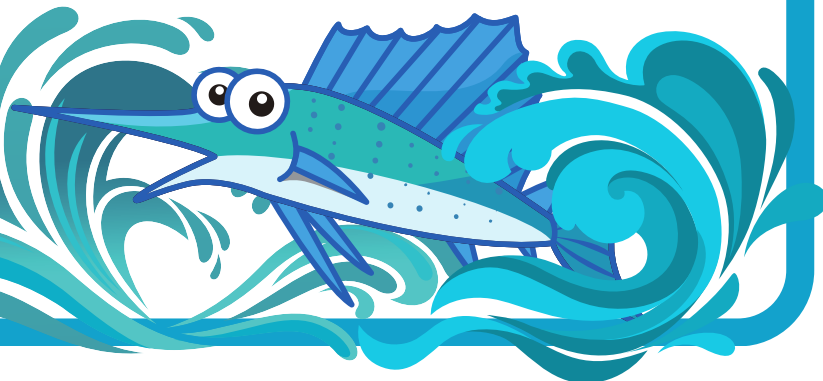
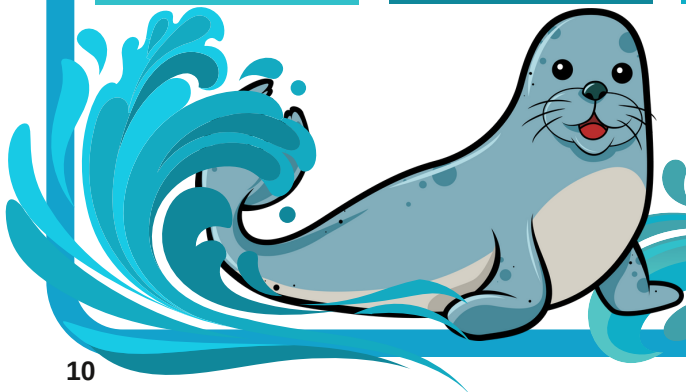
## HOW DO I KNOW WHICH YOUTH LESSON MY CHILD SHOULD BE IN?

Choosing which group swim lesson to register your child for can lead to a lot of questions. We have put together a quick reference chart to help you make the best decision on registration day! This chart is for children ages 6-11



# SWIM SKILLS

	Swordfish Level 1	Whale Level 2	Mako Level 3	Seal Level 4
Comfortable putting face in the water		YES	YES	YES
Able to float on back		YES, with or without assistance	YES	YES
Can "doggy paddle" at least 10 feet		YES	YES	YES
Roll front to back to float or swim		YES, with or without assistance	YES	YES
Swim on front and back short distance		YES	YES	YES
Swim length of pool			YES, any style	YES
Swim front crawl, back crawl, breakstroke				YES



# WESTOVER POOL: Youth Group Lessons

## SWORDFISH: YOUTH LEVEL 1

Non-swimming kids ages 6-10 will work to master the following skills in Swordfish: fundamental water safety, floating, moving in chest deep water and basic swimming. Lessons consist of 8, 30-minute classes.

**Open to City Residents Apr 29 | Non-Residents June 10**

**City Residents \$25 | Non-Residents \$50**

#211105A1 | Mon - Thur | Jun 17 - Jun 27 | 10:30am - 11:00am

#211105A2 | Mon - Thur | Jun 17 - Jun 27 | 11:15am - 11:45am

#211105B1 | Mon - Thur | Jul 1 - Jul 11 | 9:45am - 10:15am

#211105B2 | Mon - Thur | Jul 1 - Jul 11 | 10:30am - 11:00am

#211105B3 | Mon - Thur | Jul 1 - Jul 11 | 11:15am - 11:45am

#211105C1 | Mon - Thur | Jul 15 - Jul 25 | 10:30am - 11:00am

#211105C2 | Mon - Thur | Jul 15 - Jul 25 | 11:15am - 11:45am

#211105D1 | Mon - Thur | Jul 29 - Aug 8 | 9:45am - 10:15am



## WHALE: YOUTH LEVEL 2

Students ages 6-10 with some group lesson experience, comfort in the water and the ability to swim on their front and back will focus on building more confidence and water safety while honing the skills to swim front and back crawl for 25 yards. Lessons consist of 8, 30-minute classes.

**Open to City Residents Apr 29 | Non-Residents June 10**

**City Residents \$25 | Non-Residents \$50**

#211106A1 | Mon - Thur | Jun 17 - Jun 27 | 10:30am - 11:00am

#211106B1 | Mon - Thur | Jul 1 - Jul 11 | 9:45am - 10:15am

#211106B2 | Mon - Thur | Jul 1 - Jul 11 | 10:30am - 11:00am

#211106B3 | Mon - Thur | Jul 1 - Jul 11 | 11:15am - 11:45am

#211106C1 | Mon - Thur | Jul 15 - Jul 25 | 9:45am - 10:15am

#211106C2 | Mon - Thur | Jul 15 - Jul 25 | 10:30am - 11:00am

#211106C3 | Mon - Thur | Jul 15 - Jul 25 | 11:15am - 11:45am

#211106D1 | Mon - Thur | Jul 29 - Aug 8 | 9:45am - 10:15am

#211106D2 | Mon - Thur | Jul 29 - Aug 8 | 10:30am - 11:00am

## MAKO: YOUTH LEVEL 3

Mako is the best fit for kids ages 6-11 who can already swim the length of the pool and want to learn more about swimming. Mako participants will work to master front and back crawl, build endurance and technique in breaststroke, treading and personal safety. Additional skills taught will be based on participant abilities.

**Open to City Residents Apr 29 | Non-Residents June 10**

**City Residents \$25 | Non-Residents \$50**

#211107A1 | Mon - Thur | Jun 17 - Jun 27 | 9:45am - 10:15am

#211107B1 | Mon - Thur | Jul 1 - Jul 11 | 11:15am - 11:45am

## SEAL: LEVEL 4

Seal is the best fit for advanced swimming kids ages 6-12 who are considering swim team or want to learn more about swimming for fitness or competition. Seal participants should have knowledge of all four competitive strokes and the strength to swim the length of the pool with front crawl, back crawl or breaststroke. Seals will learn more about diving, flip turns and swim drills.

**Open to City Residents Apr 29 | Non-Residents June 10**

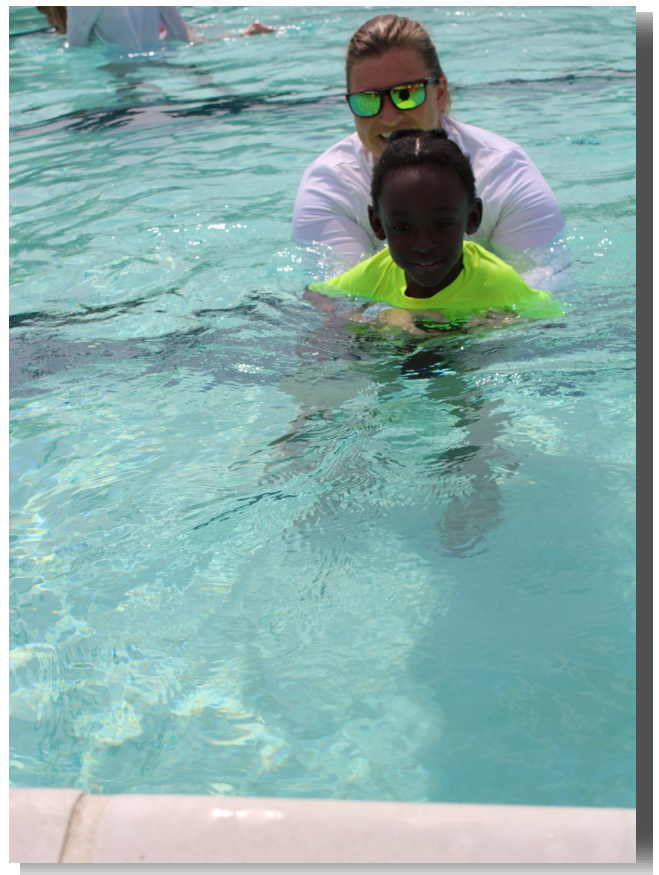
**City Residents \$25 | Non-Residents \$50**

#211108A1 | Mon - Thur | Jun 17 - Jun 27 | 9:45am - 10:15am

#211108C1 | Mon - Thur | Jul 15 - Jul 25 | 9:45am - 10:15am

#211108C2 | Mon - Thur | Jul 15 - Jul 25 | 11:15am - 11:45am

#211108D1 | Mon - Thur | Jul 29 - Aug 8 | 11:15am - 11:45am



# WESTOVER POOL: Teen Group Lessons

## SWORDFISH: TEEN LEVEL 1

Non-swimming teens ages 11-15 will work to master the following skills in Swordfish: fundamental water safety, floating, moving in chest deep water and basic swimming. Lessons consist of 8, 30-minute classes.

**Open to City Residents Apr 29 | Non-Residents June 10**

**City Residents \$25 | Non-Residents \$50**

**#211105TA1 | Mon - Thur | Jun 17 - Jun 27 | 10:30am - 11:00am**

## WHALE: TEEN LEVEL 2

Students ages 11-15 with some group lesson experience, comfort in the water and the ability to swim on their front and back will focus on building more confidence and water safety while honing the skills to swim front and back crawl for 25 yards. Lessons consist of 8, 30-minute classes.

**Open to City Residents Apr 29 | Non-Residents June 10**

**City Residents \$25 | Non-Residents \$50**

**#211106TA1 | Mon - Thur | Jul 29 - Aug 8 | 9:45am - 10:15am**

# WESTOVER POOL: Private and Semi-Private Lessons

## PRIVATE LESSONS: AGES 3 AND UP

Private swim lessons are great for individuals of any ability, ages 3 and up, who want to get the benefit of learning to swim or work on specific skills without the group setting or those who don't quite fit the group schedule. Participants are paired with one of our great instructors and lessons are tailored to the needs of the participant. Lessons are 30 minutes and offered in packages of 5.

**Open to City Residents Apr 29 | Non-Residents June 10**

**City Residents \$65 | Non-Residents \$130**

**#211109 | Varies | Jun - Sept**



## SEMI-PRIVATE LESSONS

Semi-private lessons are ideal for siblings or friends who are close in swimming ability and age. Both participants will work with one of our instructors to master their goals together! Lessons are 30 minutes and offered in packages of 5.

**Open to City Residents Apr 29 | Non-Residents June 10**

**City Residents \$100 | Non-Residents \$200**

**#211110 | Varies | Jun - Sept**

## Summer 2024 Special Interest & Events

Harrisonburg Parks and Recreation/ partner organizations are offering various opportunities across Harrisonburg.

### Our Summer Opportunities

#### Outdoor Adventure

Try out rock climbing or head underground in a local cave!

#### Pollinator Month

Celebrate Pollinators with us during the month of June!

#### Parks and Rec Month

With events such as Creator Space, Tot Yoga, and Spikeball night there are events for everyone



### Special Interest Registration & Information:

Registration must take place online at [www.harrisonburgva.gov/program-registration](http://www.harrisonburgva.gov/program-registration) or in-person at any recreation center. If you have questions please call 540-434-0571.

**City Resident Registration April 29 | Non Resident Registration May 13**

# SPECIAL INTEREST & EVENTS

## OUTDOOR ADVENTURE

### Parent-Kid Beginner Rock Climbing and Rappelling

A full day of learning to climb, belay, and rappel; kids ages 7-11, with a parent accompanying; all technical gear is provided; a personal What to Bring list, Medical Form/Participant Agreement, and driving directions to the activity meetup will be supplied by WILD GUYde Adventures after registration.

**Location: George Washington National Forest**  
**City Res \$65 | Non Res \$70 | Ages 7-11 plus parent**  
**#231372A1 | Sa | Jun 29 | 9:00am - 5:00pm**

### Campcraft and Outdoor Survival Skills

A full day in the George Washington Ntl. Forest learning fire-building, shelter construction, and some back-country navigation skills. For ages 12 and older, and useful for hunters, day-hikers and backpackers, and anyone else who likes to wander off the beaten path! Teens may attend unaccompanied, but their transportation must be provided by a parent or guardian; after registration, WILD GUYde Adventures will supply a What to Bring list and the Medical Form/Participant Agreement to fill out.

**Location: George Washington National Forest**  
**City Res \$77 | Non Res \$80 | Ages 12+**  
**#231376A1 | Sa | Jul 13 | 9:00am - 4:00pm**

### Intermediate Rock Climbing and Rappelling

If you have participated in one of our Beginner Rock Climbing days in the past or climb regularly at an indoor rock gym, this is a full day of climbing, belaying, and rappelling on some more challenging routes; ages 12 through adult (teens may attend unaccompanied, but their transportation must be provided by a parent or guardian); all technical gear is provided; a What to Bring list, Medical Form/Participant Agreement, and driving directions to the activity meetup will be supplied by WILD GUYde Adventures after registration.

**Location: George Washington National Forest**  
**City Res \$65 | Non Res \$70 | Ages 12 though adult**  
**#231372A2 | Sa | Aug 3 | 9:00am - 5:00pm**

### Free Fishing Day

No fishing license of any kind will be required for recreational rod and reel fishing during free fishing days (June 7-9), to increase angling opportunities. All fishing regulations including size, season, catch limits, and gear restrictions will remain in effect. We will celebrate with a free fishing day for all ages on Friday, June 7 at Purcell Park. Rods and basic instruction will be provided. We will catch and release the fish back into the pond.

**Location: Purcell Park Pond**  
**All Ages**  
**F | Jun 7 | 2:00pm - 5:00pm**

## ART IN THE PARK



Art in the Park is funded by Arts Council of the Valley through their Advancing the Arts Grant.

### Art in the Park - Youth

Come join us at the City parks for creativity and art! This program is designed for children 5 to 14. Adult must stay for the duration of the program but do not need to participate.

Each location will have different programming. No registration needed.

For more information go to [www.harrisonburgva.gov/art-in-the-park](http://www.harrisonburgva.gov/art-in-the-park) or call the Community Activities Center 540-433-2474

**W | Jun 12 | 11:00am - 12:00pm | Purcell Shelter 2**  
**F | Jul 19 | 11:00am - 12:00pm | Dream Come True**  
**W | Jul 24 | 11:00am - 12:00pm | Hillendale Shelter 12**  
**W | Aug 7 | 11:00am - 12:00pm | Westover Shelter 4**

### Art in the Park - Adult

Come join us at the City parks for creativity and art! This program is designed for adults 14 and over. Sessions will be lead by professional artist from Oasis Fine Arts & Crafts and Joyful Painters.

For more information go to [www.harrisonburgva.gov/art-in-the-park](http://www.harrisonburgva.gov/art-in-the-park) or call the Community Activities Center 540-433-2474

#### Registration Required

**#230902A1 | W | Jun 26 | 1:00pm - 4:00pm | Hillendale #12**  
**#230902A2 | W | Jul 17 | 1:00pm - 4:00pm | Riven Rock #2**  
**#230902A3 | W | Jul 31 | 1:00pm - 4:00pm | Hillendale #12**

## FINANCES & HOME OWNERSHIP

### Intro to Housing and Financial Education

The City of Harrisonburg is hosting Southeast Rural Community Assistance Project (SERCAP), a HUD-Certified housing counseling agency, to provide FREE in person housing counseling on Friday June 14 and Friday July 12.



- Upfront costs of homebuying and savings
- Credit reports and scores
- First-time homebuyer programs, including:
  - \$2,000 to assist with improving credit; down payment / closing cost assistance; and interest rate reduction

One-on-one meetings with SERCAP Housing Counselor Jacob Hodges are available by appointment. To book a slot, contact Jacob at 540-345-1184 or [jhodges@sercap.org](mailto:jhodges@sercap.org).

**Location: Simms Center Classroom 101**  
**F | Jun 14 | Appointments between 11:00am-5:00pm**  
**F | Jul 12 | Appointments between 11:00am-5:00pm**

# SPECIAL INTEREST & EVENTS

## POLLINATOR MONTH (JUNE)

### Guided Pollinator Walking Tour

Guided Pollinator Walking Tours with expert Mike Hott. Tour will include approximately 1 mile walk throughout downtown. Learn more and view the map at [harrisonburgva.gov/pollinators](http://harrisonburgva.gov/pollinators)

**Location: Liberty Park**

**Free**

**Tu | Jun 4 | 10:30am - 11:30am**

**Tu | Jun 4 | 1:30pm - 2:30pm**

**Tu | Jun 25 | 10:30am - 11:30am**

**Tu | Jun 25 | 1:30pm - 2:30pm**

### Celebrating the Firefly

Enjoy the longest day of the year and the spectacle of thousands of fireflies. We will begin with a short educational session discussing the different types of fireflies in our area and why they are beneficial. As the sun sets and dusk arrives there will be the option to stroll down the paths at Heritage Oaks Golf Course and see the fireflies lighting up. Learn more at [harrisonburgva.gov/firefly](http://harrisonburgva.gov/firefly)

**Location: Heritage Oaks Golf Course**

**Free**

**Tu | Jun 25 | 8:45pm - 10:00pm**

### Lunch and Learn

Enjoy your lunch outside amongst the flowers at Liberty Park while hearing what the City has been up to with the Harrisonburg Pollinator Program and chat about different pollinator species with expert Mike Hott. Participants will receive a free pollinator plant

**Location: Liberty Park**

**Free | Bring a lunch**

**F | Jun 21 | 11:00am - 1:00pm**

### Pollinator Hotel Workshop

Building a pollinator hotel is a great way to attract solitary bees and other pollinators to your garden. Join Public Works in building a pollinator hotel for your yard. First come, first serve with one kit given per family. Once your hotel is complete we will learn how to use iNaturalist to identify local pollinator plants.

**Location: Purcell Park Shelter 3**

**Free | One kit per family**

**Tu | Jun 11 | 2:00pm**

## SAVE THE DATE

### 22nd Annual Race to Beat Breast Cancer



Save the date for October 19th for our 22nd year of the Annual Race to Beat Breast Cancer 5K Run/Walk. All proceeds will once again benefit the worthy cause of the RMH Foundation for Breast Care and Treatment at the Sentara RMH Medical Center.

**Sa | Oct 19**

## LIBRARY



### Read with MRL

Massanutten Regional Library's annual free Summer Reading Challenge returns June 3, 2024 and runs through August 4, 2024. Themed "Adventure Begins at Your Library," the free reading incentive program includes special events throughout the Valley for all ages, as well as prize drawings for participants who track their reading. Free special events include live musical performances, science shows, author and book talks, special story times, and more. Learn more and register today at [www.mrlib.org](http://www.mrlib.org).

## FIRE/POLICE



### P.A.T.C.H. Camp

Pride, Accountability, Teamwork, Courage and Honor (P.A.T.C.H.) exemplify what is expected in a police officer and this camp will allow the Harrisonburg Police Department to interact with youth in a positive, friendly environment that develops trust while focusing on those five core values. Applications are available by visiting [www.harrisonburgva.gov/police](http://www.harrisonburgva.gov/police)

**Free ages 13 - 16**

**Jun 26- Jun 30 | 7:45am-3:00pm**



### Camp L.I.T.

Have you ever wondered what it's like to be an emergency responder?

The Harrisonburg Fire Department and Rockingham County Fire Rescue are hosting their 5th annual all-girls firefighter day camp, Camp L.I.T., (leadership, integrity, and trailblazer) June 17-21, 2024. The camp is free of charge and open to girls ages 14-17 years old. Apply online at [www.harrisonburgva.gov/fire](http://www.harrisonburgva.gov/fire)

**Free ages 14 - 17**

**Jul 17 - Jul 21 | 8:00am-5:00pm**



# SPECIAL INTEREST & EVENTS

## PARKS AND REC MONTH (JULY)

### How To: Fitness Equipment

Join Cory Jeffries for a session on how to use the pieces of equipment in our fitness centers. Each participant will leave with a sample workout schedule that they can use.

Location: Community Activities Center or Simms Center

Email Cory.Jeffries@HarrisonburgVA.Gov to sign up

Free (Registration Required) | Ages 15+

### Workout Wednesdays

Each Wednesday in July (except 3rd of July) we will be offering a free outdoor fitness class. Join us from 5:30-6:30 at Purcell Park shelter 1 (by the basketball court). Registration opens each Tuesday and is open until 5pm on Wednesdays.

Location: Purcell Park Shelter 1

Free (Registration Required) | Ages 15+

#221402A1 | W | Jul 10 | 5:30pm - 6:30pm | Fitness Fusion

#221402A2 | W | Jul 17 | 5:30pm - 6:30pm | Yoga

#221402A3 | W | Jul 24 | 5:30pm - 6:30pm | Fitness Fusion

#221402A4 | W | Jul 31 | 5:30pm - 6:30pm | Zumba

### Free Pool Admission Time

Each Thursday in July City residents will get free entry to Westover Pool between 12pm and 3pm. ID with City address is required for free entry.

Location: Westover Pool

Th | Jul 11 | 12:00pm - 7:00pm

Th | Jul 18 | 12:00pm - 7:00pm

Th | Jul 25 | 12:00pm - 7:00pm

### Creator Space

Let your creative side show! Join us at different parks each week this July and let your creativity take over! Youth can pick from our supplies to create whatever their imagination can think of.

Free | Ages 5 and older

Tu | Jul 2 | 5:00pm - 7:00pm | Ralph Sampson Park Shelter 1

M | Jul 8 | 5:00pm - 7:00pm | Purcell Park Shelter 2

Th | July 18 | 5:00pm - 7:00pm | Hillandale Park 12

M | July 22 | 5:00pm - 7:00pm | Dream Come True

### Tree Identification Walk

Have you ever wondered what trees are in our parks? Join us for a casual walk through Hillandale Park as we discuss the different trees that are native to this area as well as learning to identify several different types of trees.

Free | All Ages

Tu | Jul 9 | 11:00am - 12:00pm | Hillandale Park Shelter 12

Tu | Jul 23 | 1:00pm - 2:00pm | Hillandale Park Shelter 12

### Story Time Under the Oak Tree

Join us under the Oak Tree by Shelter 12 in Hillandale Park for story time. In case of minor inclement weather we will move under the shelter or into the building at shelter 12.

Free | Ages 0 to 5

W | Jul 10 | 10:00am | Hillandale Park Shelter 12

W | Jul 24 | 10:00am | Hillandale Park Shelter 12

### Tot Yoga

Join us under the Oak Tree by Shelter 12 in Hillandale Park for toddler/ preschool yoga. In case of minor inclement weather we will move under the shelter or into the building at shelter 12.

Free | Ages 2 to 5

W | Jul 17 | 10:00am | Hillandale Park Shelter 12

W | Jul 31 | 10:00am | Hillandale Park Shelter 12

### Fishing Fridays

Have you wanted to try your hand at fishing? Meet us by Purcell Park Pond at 9am and learn the basics of fishing. All fishing equipment is provided. Children 11 and under must have a guardian accompanying them.

Free | Ages 6-15

F | Jul 12 | 9:00am - 10:00am | Purcell Park Pond

F | Jul 26 | 9:00am - 10:00am | Purcell Park Pond

### Spikeball

Have you ever played roundnet? Most people know this sport as Spikeball™. Well luckily for us, Harrisonburg is home to several ex-professional roundnet players. Join us at the Baseball field next to the Lucy F. Simms Center for an evening of roundnet. 6:30-7:00pm will consist of instructional time and then 7:00-8:30pm will be general play. We will be providing several Spikeball™ sets but feel free to bring along your own set if you would like.

Free | Ages 15-99

Th | Jul 11 | 6:30pm - 8:30pm | Simms Center

Tu | Jul 16 | 6:30pm - 8:30pm | Simms Center

### Monday Morning Walking Club

Join us Mondays in July for a walking around the path at Heritage Oaks Golf Course. We will begin at 6:15am and conclude at 7:15am. Walkers must stay on the cart path and be off the paths by 7:30am at the latest. We will meet as a group in the golf course parking lot. Walkers may walk at their own pace or with the group. No dogs.

Location: Heritage Oaks Golf Course

Mondays in July | 6:15am - 7:15am



# Youth Tryathlon August 10th

Our intentions are for everyone to enjoy themselves while participating in three variations of physical activity including swimming, cycling, and running.

This event is designed to be a low-key introduction to triathlons for the ages of 5-14. All finishers will receive a race completion medal. As we will post event results, we will not be awarding places.

The courses have been setup and designed to fit all levels of ability and experience. Our goal is for everyone to complete the course and take the focus away from competition.

We want participants to enjoy themselves and have the desire to participate in future events. Find more information and register at [www.harrisonburgva.gov/youth-tryathlon](http://www.harrisonburgva.gov/youth-tryathlon)

**Registration opens April 29**

**Location: Westover Park**

**Registration before June 30 \$30 (shirt included) | July 1 - July 31 \$40 (shirt included) |**

**Ages 5 - 14**

**Sa | Aug 10**



## 2024 Heritage Cup Series

The Heritage Cup Series is a series of six events over the 2024 golf season.

**April 6: Green Tee Championship**

**May 4-17: Match Play Championship Qualifying**

**June 1: 2-Player Championship**

**Jul 13: 1-Player Championship**

**August 17 & 18 : Heritage Oaks Championship**

**September 14: 2-Player Par 3 Championship**

[HeritageOaksGolfVA.com](http://HeritageOaksGolfVA.com)

## CELEBRATING THE FIREFLY

**JUNE 25 8:45PM - 10:00PM**

**HERITAGE OAKS GOLF COURSE**

**HARRISONBURGVA.GOV/FIREFLY**



CITY OF HARRISONBURG  
**PARKS  
& REC**

## Summer/Fall 2024 Athletics Programs

Harrisonburg Parks and Recreation is offering various sports-specific programs and leagues.

### Summer/Fall Athletics Programs

#### Youth Volleyball

This introductory league is open to age 8-14.

#### Summer Basketball

Indoor and outdoor leagues open to ages 9-14.

#### Youth Running Club

Beginners and seasoned runners, ages 8-13.

#### Start Smart Soccer

Parent/child based instructional sport-specific clinics for ages 3-4.

#### Fall Youth Soccer

Leagues are open to children ages 5-13.

#### Fall Youth Football

Leagues are open to grades 1-8 who live in the City.



## Athletics Registration & Information

For more program information, call the Athletics Office at 540-433-9168. Registration must take place online at [www.harrisonburgva.gov/online-registration](http://www.harrisonburgva.gov/online-registration) or in-person at any recreation center.

Follow us on Facebook at [www.facebook.com/hprathletics](http://www.facebook.com/hprathletics).

**Summer Athletic Program registration opens April 15.**

**Fall Athletic Program registration opens May 27.**

## SUMMER YOUTH VOLLEYBALL

[www.harrisonburgva.gov/volleyball](http://www.harrisonburgva.gov/volleyball)

This co-ed league is designed to introduce and develop the basic fundamentals of volleyball in a non-competitive setting. All players are required to have knee pads that must be worn during play. The deadline to register is May 31. Age is determined as of June 1. Location: Community Activities Center and Thomas Harrison Middle School

\$30/City - \$60/Non-Res (Non-Res registration opens May 1)

#211050-A1 | Ages 8-9 | M, W | Jun 10 - Aug 8 | 6-7pm (CAC)  
 #211050-A2 | Ages 10-11 | M, W | Jun 10 - Aug 8 | 7-8pm (CAC)  
 #211050-A3 | Ages 12-14 | T, Th | June 10-Aug 8 | 6-8pm (THMS)

## SUMMER YOUTH BASKETBALL

[www.harrisonburgva.gov/basketball](http://www.harrisonburgva.gov/basketball)

This indoor/outdoor Summer Basketball League will begin with two weeks of practice only, with the remaining four weeks as games only. This league is open to City Residents only, with the deadline to register being May 31.

Age is determined as of June 1.

Location: Simms Center, Ralph Sampson Park and Skyline Middle School

\$30/City - \$60/Non-Res (Non-Res registration opens May 1)

Boys: #211015-A1 | Ages 9-10 | M-Th | Jun 10 - Jul 25  
 Boys: #211015-A3 | Ages 11-12 | M-Th | Jun 10 - Jul 25  
 Boys: #211015-A5 | Ages 13-14 | M-Th | Jun 10 - Jul 25  
 Girls: #211015-A2 | Ages 9-10 | M-Th | Jun 10 - Jul 25  
 Girls: #211015-A4 | Ages 11-12 | M-Th | Jun 10 - Jul 25  
 Girls: #211015-A6 | Ages 13-14 | M-Th | Jun 10 - Jul 25

## START SMART SOCCER

[www.harrisonburgva.gov/start-smart](http://www.harrisonburgva.gov/start-smart)

Start Smart programs are developmentally appropriate introductory parent/guardian-child based programs. Pairs work together to develop individual skills with age appropriate equipment.

The program is open to ages 3-4. Age is determined as of June 1.

Location: Smithland Athletic Complex

Session 1: #210103-A1 | Aug 12 - 16 | 5:30-6:15pm

Session 2: #210103-A2 | Aug 12 - 16 | 6:15-7:00pm

## YOUTH RUNNING CLUB

Embark on a transformative running journey with our Running Club, where fitness, camaraderie, and personal growth converge.

Whether you're a seasoned runner or taking your first strides, our club is the perfect platform to meet your fitness goals.

Age is determined as of June 1.

Registration fee is \$30/participant.

Location: Skyline Middle School

#211060-A1 | Ages 8-9 | M, W | Jun 10 - Jul 24 | 5:45-6:30pm

#211060-A2 | Ages 10-13 | M,W | June 10 Jul 24 | 6:30-7:30pm

## SUMMER YOUTH SOCCER CAMP

Develop and improve your soccer knowledge and skills. You will be taught individual and team skills during drills and games. Age is determined as of June 1. \$15/participant.

Location: Smithland Athletic Complex

#211052-A1 | Ages 5-6 | M, T, Th, F | June 17-21 | 9am-12pm

#211052-A2 | Ages 7-8 | M, T, Th, F | June 17-21 | 9am-12pm

## FALL YOUTH SOCCER

[www.harrisonburgva.gov/soccer](http://www.harrisonburgva.gov/soccer)

Registration opens May 27 and closes Aug 16.

Shin guards are mandatory for all levels.

\$30/City - \$60/Non-Res

Age is determined as of Sep 1.

Specific program days and times will be released at a later date.

**Volunteer Coaches Needed for All Levels!**

### U5 Soccer League (Age 5)

Girls: #311005-A1 | Sep 3 - Oct 24

Boys: #311005-A2 | Sep 3 - Oct 24

### U6 Soccer League (Age 6)

Girls: #311006-A1 | Sep 3 - Oct 24

Boys: #311006-A2 | Sep 3 - Oct 24

### U7 Soccer League (Age 7)

Girls: #311007-A1 | Sep 3 - Oct 24

Boys: #311007-A2 | Sep 3 - Oct 24

### U8 Soccer League (Age 8)

Girls: #311008-A1 | Sep 3 - Oct 24

Boys: #311008-A2 | Sep 3 - Oct 24

### U10 Soccer League (Ages 9-10)

Skills Evaluation: August 19-22

Girls: #311009-A1 | Sep 3 - Oct 24

Boys: #311009-A2 | Sep 3 - Oct 24

### U13 Soccer League (Ages 11-13)

Skills Evaluation: August 19-22

Girls: #311010-A1 | Sep 3 - Oct 24

Boys: #311010-A2 | Sep 3 - Oct 24

## FALL YOUTH FOOTBALL

[www.harrisonburgva.gov/football](http://www.harrisonburgva.gov/football)

Registration opens May 27 for all leagues.

Grade determined based on 2024-2025 school year.

\$30/player - City Residents Only

**Volunteer Coaches Needed for All Leagues!**

### Flag League (Grades 1-2)

#311060-A1 | M, W | Sep 4 - Oct 24 | 6-7pm

### Junior League (Grades 3-4)

#311061-A1 | Jul 22 - Sep 28 | Times TBD

### Senior League (Grades 5-6)

#311062-A1 | Jul 22 - Sep 28 | Times TBD

### Middle School (Grades 7-8)

#311066-A2 | Aug - Oct | Times TBD

## Summer 2024 Youth Programming

Youth Services offers a variety of drop in and year round programs.

### Our Opportunities

#### Preschool

During the school year we offer a morning preschool for 3 & 4 year olds.

#### Elementary

For K - 5 grade we provide an afterschool program for students enrolled in Harrisonburg City Schools and summer camp in the summer months.

#### Family Programs

Through out the summer there are multiple opportunities for families to participate in activities together.

#### Toddler Programs

Drop in the the Tumble Room at the CAC.



### Youth Program Registration & Information:

For more information about our Youth Services programs visit [www.HarrisonburgVA.gov/youth-services](http://www.HarrisonburgVA.gov/youth-services) or call 540-433-2474 . Registration must take place in person at 305 South Dogwood Drive, Harrisonburg, VA 22801.

## 2024-2025 PRESCHOOL

Through creative and meaningful play activities, the program promotes the healthy social, emotional, cognitive, and physical development of each child. A positive self-concept will be developed, with creativity and self-expression being encouraged. The program is offered to City resident's children who are or will be three years of age by September 30 and are fully potty trained in the 3-year-old classroom, and to children who are or will be four years of age by September 30 of the current year in the 4-year-old classroom. For more information visit [www.harrisonburgva.gov/youth-services](http://www.harrisonburgva.gov/youth-services)

**Register in person at the Community Activities Center. Please have child's birth certificate with you.**

[Registration open now](#)

### 3-Year-Olds

**City Res Only \$35 per month | \$315 for the year**  
 #510234A | Ages 3 | Tu,Th | Sep 10 - May 15 | 9:30am - 12:00pm

### 4-Year-Olds

**City Res Only \$50 per month | \$450 for the year**  
 #510234A2 | Ages 4 | M,W,F | Sep 9 - May 16 | 9:30am - 12:00pm

## OUT OF SCHOOL TIME

### Afterschool Childcare Program

This program runs from the time of dismissal until 5:45pm. Child must attend Harrisonburg City Public School and arrive to the Community Activities Center on school bus. The program follows the Harrisonburg City Schools calendar and does not operate when schools are closed for holidays, teacher workdays, or inclement weather closures. Children must be enrolled in kindergarten through 5th grade to attend the A.S.A. program. For more information visit [www.harrisonburgva.gov/youth-services](http://www.harrisonburgva.gov/youth-services)

Registration dates are as follows:

- Accounts who have participants that were enrolled in the ASA program for the 2023 - 2024 School year: please check email
- Accounts with current 2024 SOAR participants: [July 1 at 7:30am](#)
- New Participant Registration: [July 8 at 7:30am](#)

**Location: Community Activities Center Youth Services**

**City Res \$50/ month | K - 5th grade**

#510230 | M - F | Follows HCPS Calendar | Dismissal - 5:45pm

## PROGRAMS

### Family Movie Night

It's movie night! Bring your favorite blanket and we will provide the popcorn. First Friday of the month.

**Location: Simms Center Auditorium**

**Membership or daily fee**

F | Jun 7 | 6:00pm - 8:00pm

F | Jul 12 | 6:00pm - 8:00pm

F | Aug 2 | 6:00pm - 8:00pm

### Board Game & Video Game Night

Switch up the Friday routine and bring the family to the Simms Center for Family Game Night and Video Game Night. We will have a variety of board games for you to pick from as well as PS5 games like NBA2K, Madden, MLB the Show, and more! Come out and have some fun!

**Location: Simms Center Conference Room**

**Membership or daily fee**

F | Jun 21 | 6:00pm - 8:00pm

F | Jul 19 | 6:00pm - 8:00pm

F | Aug 16 | 6:00pm - 8:00pm

## TUMBLING ROOM

### Tumbling/ Free Movement Drop In

Bring your child to get moving in our brand new tumbling room full of tumbling mats, wedges, and fun obstacles! Members use the space for free!

**Location: Community Activities Center Tumbling Room**

**\$0 Members | \$1 Non-Member | 5 and younger**

M, W, F | 9:00am - 12:00pm

M, Tu, W, Th, F | 4:00pm - 6:00pm

Sa | 9:00am - 12:00pm



CITY OF HARRISONBURG  
**PARKS  
& REC**

## Summer 2024

### Dance Program

A well established dance program offering a wide variety of opportunities to the Harrisonburg Community

### Our Summer Opportunities

#### Children's Developmental Dance

Introductory dance classes for young children including Music & Movement and Pre-Ballet & Creative Movement.

#### Beginner/Intermediate

Beginner/Intermediate level ballet and jazz dance classes for youth.

#### Advanced Dance Workshop

Advanced 4-day workshop open to all advanced dancers and adults who would like to excel in their technique.

#### Youth 5-Day Dance Camp

This camp is open to dancers ages 7-11 and will focus on the basic techniques and performance skills of ballet, jazz, tap, and creative movement.

#### Adult Dance

Adult dance classes geared toward fitness and welcome to all ability levels!



### Dance Registration & Information:

For more information about our Dance program visit [www.HarrisonburgVA.gov/Dance](http://www.HarrisonburgVA.gov/Dance) or call 540-433-2474 . Registration must take place online at [www.harrisonburgva.gov/program-registration](http://www.harrisonburgva.gov/program-registration) or in-person at any recreation center.

**City Resident Registration April 29 | Non Resident Registration May 13**

Dance Coordinator: Cynthia Marafino  
 Cynthia.Marafino@HarrisonburgVA.gov  
 Dance Instructors: Jimmy Marafino, Maddie Spivey, Delaney Clarke, and Mary Cyzick

For registration questions please email  
 Harriet.Flynn@harrisonburgva.gov

All classes take place at the Community Activities Center

No class:  
 June 19 (Wednesday Class)

## YOUNG CHILDREN'S DEVELOPMENTAL DANCE

### Music & Movement

City Res \$25 | Non Res \$30  
 #210301A1 | Ages 3.5 - 5 | Tu | May 28 - Jun 25 | 4:30pm - 5:00pm  
 #210301A2 | Ages 3.5 - 5 | W | May 29 - July 3 | 4:30pm - 5:00pm  
 #210301A3 | Ages 3.5 - 5 | Th | May 30 - Jun 27 | 4:30pm - 5:00pm

### Pre Ballet & Creative Movement

City Res \$25 | Non Res \$30  
 #210303A1 | Ages 5 - 7 | W | May 29 - July 3 | 5:15pm - 5:45pm  
 #210303A2 | Ages 5 - 7 | Th | May 30 - Jun 27 | 5:15pm - 5:45pm

## BEGINNER/INTERMEDIATE DANCE

### Ballet/ Jazz

City Res \$25 | Non Res \$30  
 #210304A1 | Ages 6 - 8 | Tu | May 28 - Jun 25 | 5:15pm - 6:00pm  
 #210304A2 | Ages 8 - 12 | W | May 29 - July 3 | 5:45pm - 6:30pm

## ADULT DANCE

### Adult Ballet for Fun & Exercise

City Res \$25 | Non Res \$30  
 #220316A1 | Ages 18+ | M | June 3 - July 1 | 6:30pm - 7:15pm

### Adult Tap for Fun & Exercise

City Res \$25 | Non Res \$30 | No class June 19  
 #220317A1 | Ages 18+ | M | June 3 - July 1 | 7:15pm - 8pm

## ADVANCED DANCE WORKSHOP

The workshop will be held Monday through Thursday May 20 through May 23 from 6:00-7:30pm daily. This workshop is open to all Advanced dancers and Teens who would like to excel in their technique.

\$30 City Res | \$36 Non Res  
 #210320A1 | May 20 - May 23 | 6:00pm - 7:30pm

## YOUTH 5-DAY DANCE CAMP

This dance camp will be held Monday through Friday mornings June 10 through June 14 from 9:00-11:00am. This camp is open to dancers ages 7-11 and will focus on the basic technique and performance skills of ballet, jazz, tap, and creative movement.

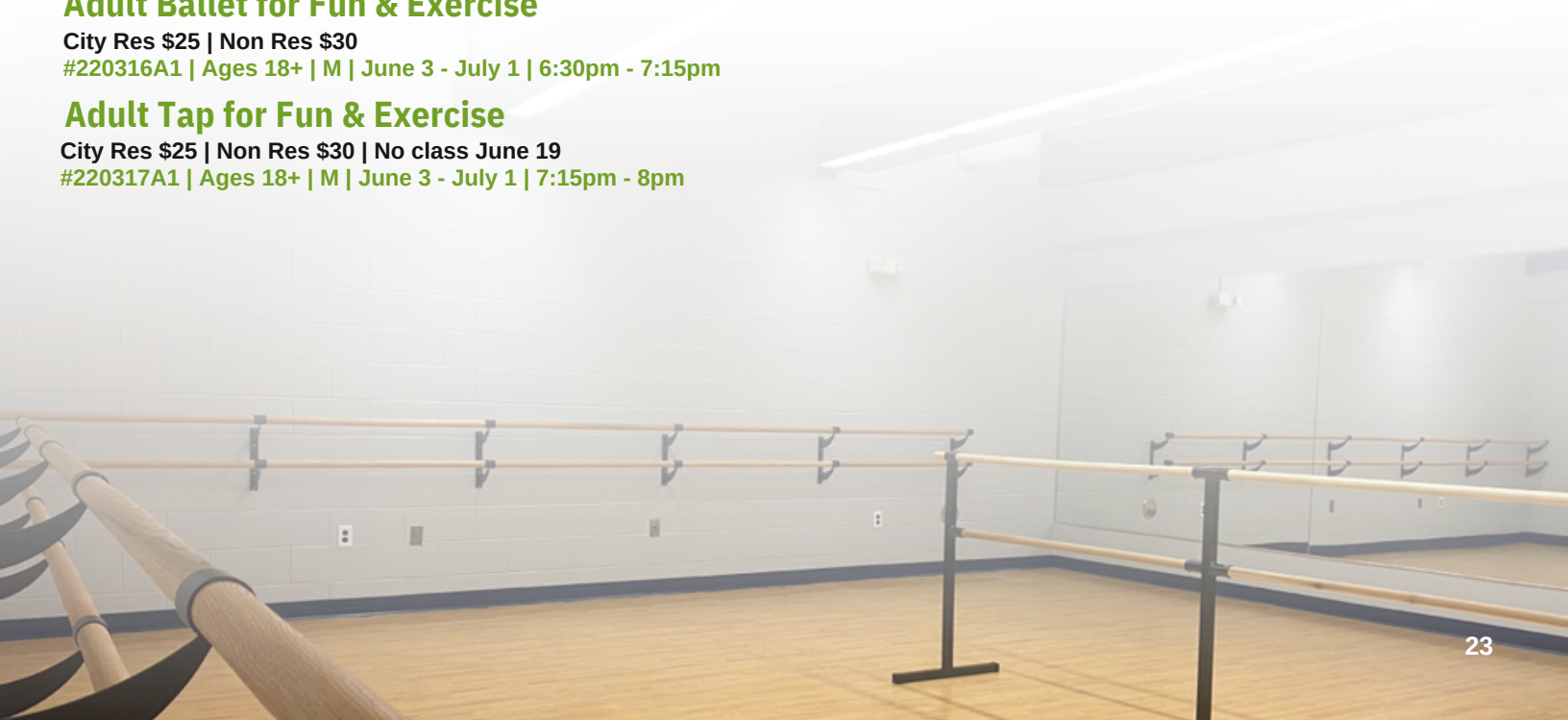
\$50 City Res | \$60 Non Res  
 #210313A1 | Ages 7-11 | June 10 - June 14 | 9:00am - 11:00am

## TUMBLING ROOM

### Tumbling/ Free Movement Drop In

Bring your child to get moving in our brand new tumbling room full of tumbling mats, wedges, and fun obstacles! Members use the space for free!

Location: Community Activities Center Tumbling Room  
 \$0 Members | \$1 Non-Member | 5 and younger  
 M, W, F | 9:00am - 12:00pm  
 M, Tu, W, Th, F | 4:00pm - 6:00pm  
 Sa | 9:00am - 12:00pm





CITY OF HARRISONBURG  
**PARKS  
& REC**

## Summer 2024

### 50 & Wiser Programs

Our 50 and Wiser program provides recreation and social opportunities for those age 50 and beyond!

## Our Summer Opportunities

### 50 & Wiser Fitness

Our 50 & Wiser program offers a diverse selection of low to high impact fitness classes including Cardio & Strength, Gentle Stretch, Pilates and Yoga!



### 50 & Wiser Social & Enrichment

Our 50 & Wiser program offers a diverse selection of social and enrichment program opportunities including, Monday Matinee, Book Club, Lunch Bunch, Craft and Chat, Crochet, and Bowling. Check out what is taking place this summer!



## 50 & Wiser Registration & Information:

For more detailed information about our 50 & Wiser programs, please contact Lynn Hoy at 540-432-7799 or email [Lynn.Hoy@harrisonburgva.gov](mailto:Lynn.Hoy@harrisonburgva.gov).

**City Resident Registration April 29 | Non Resident Registration May 13**



## Moving & Grooving

Instructor: Cory Jeffries  
Perfect for beginners and focuses on improving your mobility and overall fitness. Classes include flexibility exercises, gentle strength training, and aerobic walking. All you need to get started are comfy clothes and sneakers. Join us on the path to better health and increased activity – it's perfect for beginners like you!

Students will be required to purchase adjustable ankle weights up to 5lbs and exercise bands, details will be provided the first class.  
No Class June 13, July 2, July 4.

**Location: Lucy F. Simms Center Auditorium**

**City Res \$10 | Non Res \$10 | Ages 50+**

**#240514A1 | Tu, Th | Jun 4 - Jul 25 | 9:00am - 9:45am**

## Moving & Grooving PLUS!

Instructor: Cory Jeffries  
For seniors who've graduated from our prerequisite program, "Moving and Grooving," it's time for the next level. "Moving and Grooving Plus" In these high-energy sessions, we focus on dynamic movements, muscle building, and cardiovascular conditioning to keep you active and fit. Wear comfy workout attire and sneakers.

You can enhance your experience with adjustable ankle weights (up to 5lbs), exercise bands, and dumbbells.

No Class June 13, July 2, July 4.

**Location: Lucy F. Simms Center Auditorium**

**City Res \$10 | Non Res \$10 | Ages 50+**

**#240514A2 | Tu, Th | Jun 4 - Jul 25 | 10:00am - 11:30am**

## Cardio and Strength

Instructor: Cory Jeffries  
Stretch, strengthen, and get fit! This class works the heart, muscles, and more. Variety and fun guaranteed. Intermediate/Advanced fitness levels. Please bring your own exercise or yoga mat to class.

No class July 2 or 4.

**Location: Community Activities Center Fitness Studio**

**City Res \$36 | Non Res \$43 | Ages 50+**

**#240500A1 | Tu, Th | Jun 4 - Jul 18 | 5:30pm - 6:15pm**



## Zumba Gold

Instructor: Melissa Shank  
Focusing on cardio and muscular conditioning as well as balance and flexibility, Zumba Gold customizes the original moves of Zumba to a lower intensity. Come ready to sweat and leave feeling empowered and energized for your day!

No class July 2 or 4.

**Location: Lucy F. Simms Center Auditorium**

**City Res \$30 | Non Res \$35 | Ages 40+**

**#240502A1 | Tu, Th | Jun 11 - Aug 8 | 4:15pm - 5:15pm**

## 50 & Wiser Yoga

Instructor: Robin Atwood  
Join us in learning foundational yoga poses and sequences that are welcoming to all ability levels in the 50 and Wiser community. Please bring your own yoga mat and yoga blocks to class.

No class July 16

**Location: Price Rotary Senior Center**

**City Res \$40 | Non Res \$50 | Ages 50+**

**#240525A1 | Tu | Jul 9 - Aug 20 | 3:00pm - 4:00pm**

## Pilates

Instructor: Dana Neff  
Focuses on total body strength, endurance, and flexibility. An emphasis on movement quality, posture, and breathing makes Pilates a safe and revitalizing workout while challenging the body in a new way. Promotes posture, increased strength, and range of motion. Bring your own exercise mat to class.

**Location: Price Rotary Senior Center**

**City Res \$32 | Non Res \$35 | Ages 50+**

**#240512A1 | Tu | Jul 23 - Aug 27 | 1:30pm - 2:15pm**

## Yogalates

Instructor: Dana Neff  
Yogalates is a fusion of Yoga and Pilates. Essentially, it is a movement system that stretches & strengthens all of the major muscles while also calming the mind. Attention is paid to building strength and endurance. As in Pilates, resistance bands can be used.

**Location: Price Rotary Senior Center**

**City Res \$32 | Non Res \$35 | Ages 50+**

**#240513A1 | Th | Jul 25 - Aug 29 | 1:30pm - 2:15pm**

## Tai Chi for Arthritis and Fall Prevention



Instructor: Marissa Lutz

Slow, controlled movements build muscle strength, improve balance, gently free up stiff joints, and relieve stress. All movements are done in an upright standing position, or may be done seated by those unable to stand. The physical exertion level of Tai Chi for Arthritis and Fall Prevention is similar to that of walking.

To register call VPAS at 540-615-5341 or visit

<https://www.vpas.info/event-calendar> and select the program on June 7

**Location: Prince Rotary Senior Center**

**Free | Ages 60+**

**F | Jun 21 - Aug 9 | 8:45am - 9:45am**

## Craft and Chat

Social group for people age 50+ who like to knit, crochet, or craft. Bring whatever you are working on and come socialize with other peers. We also work on items to donate to local organizations. Drop in and join the group!

**Location: Price Rotary Senior Center**

**Free | Ages 50+**

**Tu, Th | Ongoing | 9:00am - 11:00am**

## Beginner Crochet

Instructor: Meki Shifflett

This class is for beginners and for those who have not crocheted for a while. You will learn the basic stitches and end up with a dish cloth. A supply list will be handed out at the first class.

**Location: Price Rotary Senior Center**

**City Res \$30 | Non Res \$36 | Ages 50+**

**#240571A1 | Tu | Jun 4 - 25 | 11:00am - 1:00pm**

## Project Crochet

Instructor: Meki Shifflett

For students who know the basic stitches.

You will be learning the corner to corner pattern to make project of your choice.

No class August 15

**Location: Price Rotary Senior Center**

**City Res \$30 | Non Res \$36 | Ages 50+**

**#240571A1 | Tu | Aug 1 - Aug 29 | 11:00am - 1:00pm**

## Thursday Afternoon Bowling

Enjoy bowling in a relaxed atmosphere. Experienced or inexperienced bowlers are welcome. Bowl for 16 weeks. Fee includes 3 games, rental shoes, and rental ball. New season starts May 2 but we are always needing substitutions for teams each week - so just come and check us out. New session starts May 2.

**Location: Valley Lanes**

**City Res/Non Res \$12 | Ages 50+**

**Th | 12:30pm - 3:00pm**

## Book Club

Book club is about the enjoyment of reading, whether you are an occasional or avid reader. Books are chosen by the members of the club. Please join us to laugh, share wisdom, gain insight, and make new friends. Please read the book prior to the first Monday of the month. The book we will be discussing on June 3 will be *The Rent Collector* by Camron Wright.

\*July we will meet July 15\*

Contact [Lynn.Hoy@HarrisonburgVA.gov](mailto:Lynn.Hoy@HarrisonburgVA.gov) to register.

**Location: Price Rotary Senior Center**

**Free | Ages 50+**

**First Monday of Month 3:00pm - 4:30pm**

## Monday Afternoon Matinee

The 1st Monday of each month we will be showing a movie at the Price Rotary Senior Center! Please contact [Lynn.Hoy@HarrisonburgVA.gov](mailto:Lynn.Hoy@HarrisonburgVA.gov) for the title each month.

**Location: Price Rotary Senior Center**

**Free | Ages 50+**

**First Monday of Month (no movie in July) 12:30-2:30pm**

## Breakfast Club

Come start the day with friends, old and new. We will meet at different breakfast spots once a month at 9am. Please contact [Lynn.Hoy@harrisonburgva.gov](mailto:Lynn.Hoy@harrisonburgva.gov) if you are planning on attending by the Friday before. Everyone orders off the menu.. Contact [Lynn.Hoy@HarrisonburgVA.gov](mailto:Lynn.Hoy@HarrisonburgVA.gov) to register.

**Ages 50+**

**June 19 - Sugar & Bean - 318 N Main St, Bridgewater**

**Jul 17 - Joe's Diner - 3355 S. Main St, Harrisonburg**

**Aug 21 - Gardenside Diner (Bridgewater Home) 302nd St, Bridgewater**

## Lunch Bunch

Looking for a good excuse to get out of the house? Looking for a place to meet friends, old and new? The Lunch Bunch meets on selected Thursdays at different area restaurants. Check your calendar and join us! **Please register the Friday before so reservations can be made.** All lunches are 11:15am - 1pm. Order off of the menu. Contact [Lynn.Hoy@HarrisonburgVA.gov](mailto:Lynn.Hoy@HarrisonburgVA.gov) to register.

**Ages 50+**

**Jun 6 - Grilled Cheese Mania - 1476 S. Main St, Harrisonburg**

**Jul 25 - The Cracked Pillar - 403 N. Main St. Bridgewater**

**Aug 15 - Mashita - 105 North Liberty St. Harrisonburg**

## Social Club

There are a lot of people ages 50+ looking for something to do in the evenings and on weekends. Let's get together and go on a fun day trip, movies, ball game, dinner or anything fun to socialize, get out of the house and meet new friends. Please contact Lynn Hoy by emailing [Lynn.Hoy@HarrisonburgVA.gov](mailto:Lynn.Hoy@HarrisonburgVA.gov) or calling 540-432-7799 to be notified of the upcoming event or fun activity we have planned.

## Aging with Confidence

The 3rd Monday VPAS will lead educational programs for a wide range of topics. This is a partnership between Parks and Recreation and VPAS. To register contact Diane Sena or Linda Nipe at 540-615-5341 or visit <https://www.vpas.info/event-calendar> and select the program you are interested.

**Location: Price Rotary Senior Center**

**Free (Registration Required)| Ages 60+**

**Third Monday of Month 2pm - 3pm**



## VPAS Cafes

The 1st and 3rd Monday of each month we will be getting together to learn new things, meet new people, and enjoy a meal. This is a partnership between Parks and Recreation and VPAS. To register call VPAS at 540-615-5341. For more information check [vpas.info/vpas-cafes](http://vpas.info/vpas-cafes)

**Location: Price Rotary Senior Center**

**Free (Registration Required)| Ages 60+**

**First and Third Monday of Month (except holidays) 10am - 12pm**



# HERITAGE OAKS GOLF COURSE

Come play the award-winning golf course voted as one of the top 25 underrated municipal golf courses in the United States by GOLF Magazine (June 2021).

A Bill Love design that caters to golfers of all levels and abilities, Heritage Oaks has been a Shenandoah Valley staple since 2001 and continues to be recognized as one of the best in the Valley and in Virginia. Make tee times online at [www.heritageoaksgolf.com](http://www.heritageoaksgolf.com) or by calling 540-442-6502.



## RATES & HOURS

Visit [www.HeritageOaksGolfVA.com](http://www.HeritageOaksGolfVA.com)  
for rates and Golf Course hours

## PROGRAMS & LEAGUES

For Program, Tournament, Lesson, and  
League Information:

Visit [www.HeritageOaksGolfVA.com](http://www.HeritageOaksGolfVA.com)  
or Call Heritage Oaks Golf Course Pro Shop  
540-442-6502

[firstteeshenandoahvalley.org](http://firstteeshenandoahvalley.org)  
[thefirstteeharrisonburgva@gmail.com](mailto:thefirstteeharrisonburgva@gmail.com)  
540-437-4239

To impact the lives of young people by providing educational programs that build character, instill life-enhancing values and promote healthy choices through the game of golf.

**Register for Classes with The First Tee!**

Online: [firstteeshenandoahvalley.org](http://firstteeshenandoahvalley.org)  
By Phone: 540-437-4239  
In Person: 690 Garbers Church Road  
Scholarships Available!

# HERITAGE OAKS GOLF COURSE

## YOUTH GOLF

### Start Smart

Start Smart Golf is a developmentally appropriate introductory golf program for children 5-7 years old. The program prepares children for organized golf in a fun, non-threatening environment. Start Smart Golf prepares children and their parents for organized golf without the threat of competition or the fear of getting hurt. Age-appropriate equipment is used in teaching full swing, chipping, pitching, and putting

**Register in person at Heritage Oaks Pro Shop or by phone**  
[Registration now open.](#)

**Location: Heritage Oaks Golf Course**  
**City Res \$45 | Non Res \$50 | Ages 5 - 7**  
**Sa | Jul 6 - Aug 3 | 3:00pm - 4:00pm**

### Junior Golf League

This league is for all juniors, regardless of experience, who are eager to learn the game in a fun, comfortable, non-intimidating atmosphere. The first 10 weeks +/- are instructional where participants will learn all aspects of the game of golf. After the weeks of instruction, we will take our skills to the golf course.

**Register in person at Heritage Oaks Pro Shop.**  
[Registration now open.](#)

**\$100**  
**Ages 8 - 12 | Th | Apr 18 - Aug 8 | 4:00pm**  
**Ages 13 - 18 | F | Apr 18 - Aug 9 | 4:00pm**

## LEAGUES

### Men's League

This league is for men who have some golf experience and are prepared to play on the golf course.

**\$65/ person plus applicable golf fees**  
**W | Apr 17 - Aug 28 | 5:30pm - 7:30pm**

### Ladies' Learning League

This league is for ladies who have limited or no experience with golf and are eager to learn the game in a fun, comfortable, non-intimidating atmosphere. The first 12 weeks +/- are all instruction where guests will learn all aspects of the game of golf. After the weeks of instruction, guests will have the opportunity to play each week on the course.

**\$65/ person plus applicable golf fees once play begins**  
**Session A | Tu | Apr 16 - Aug 27 | 6:00pm - 7:00pm**  
**Session B | Tu | Apr 16 - Aug 27 | 7:15pm - 8:15pm**  
**Session C | W | Apr 17 - Aug 28 | 6:00pm - 7:00pm**

### Ladies' Playing League

This league is for ladies who have some golf experience and are prepared to play on the golf course (abilities typically range with scores from 36 to 60 for 9 holes).

**\$65/ person plus applicable golf fees**  
**Tu | Apr 16 - Aug 27 | 5:30pm - 7:30pm**

### Senior League

This league is for men, aged 55 and over, who have some golf experience and are prepared to play on the golf course (abilities typically range with scores from 34 to 55 for 9 holes).

**\$65/ person plus applicable golf fees**  
**Th | Apr 18 - Aug 29 | 8:30am - 10:30am**

## TOURNAMENTS

### 1-Player Captain's Choice

Yes, a 1-Player Captain's Choice! Each player will play a captain's choice format himself/herself (2 shots each time).

Now we get to see just how good that "Second player" really is. Price includes greens fees, cart fees, range balls, box lunch and prizes.

**\$80 per player**  
**S | Jul 13 | 9:00am**

### Match Play Championship

Qualifying begins on May 4. Qualifying score must be turned in by May 17. Players will be seeded according to qualifying score and will have 2 weeks to complete each match. We will have 3 divisions\* -- Men's, Seniors' (55+ yrs), and Ladies'.

Qualifying – May 4-17. Matches will begin on May 18

**\$25 per player**  
**May 4 - 17 | Qualifying**  
**May 18 | Matches begin**

### 2-Player Championship

This tournament is open to everyone. We will play 27 holes: 9 holes Captain's Choice, 9 holes Better Ball of 2, 9 holes Alternate Shot. Price includes greens fees, cart fees, boxed lunch, range balls, and prizes.

**\$85 per player**  
**Sa | Jun 1 | 8:00am**

### Heritage Oaks Championship

36-Holes, Individual Play

Divisions: Men, Ladies, & Seniors (55+ Yrs. Of Age) This tournament is open to everyone.

**\$100 per player**  
**Aug 17 - 18 | Aug 17, 9am Tee Times | Aug 18, 11am Tee Times**

### 2-Player Par 3 Championship

This tournament is open to everyone. We will play 18 holes, better ball of two. Every hole will be set up as par 3. Price includes greens fees, cart fees, range balls, and prizes.

**\$60 per player**  
**Sa | Sep 14 | 9:00am**

# REGISTRATION INFORMATION



## HOW DO I REGISTER?

### Register Online through WebTrac

To create an online WebTrac account, visit [webtrac.harrisonburgva.gov](http://webtrac.harrisonburgva.gov). Once you've created an account, you can login to WebTrac to register for programs, classes, events, and shelter reservations. If you have any questions or issues regarding your account, call the Cecil F. Gilkerson Community Activities Center at 540-433-2474. For more information regarding program registration, visit [www.harrisonburgva.gov/program-registration](http://www.harrisonburgva.gov/program-registration).

### Register In-Person

Cecil F. Gilkerson Community Activities Center 305 S Dogwood Drive, Harrisonburg, VA 22801  
Lucy F. Simms Continuing Education Center, 620 Simms Ave, Harrisonburg, VA 22802  
Westover Pool, 305 S Dogwood Drive, Harrisonburg, VA 22801

### Shelter Reservations

Park shelter reservations are accepted on a first-come, first-served basis, and may be submitted online or in person at: Cecil F. Gilkerson Community Activities Center or the Lucy F. Simms Continuing Education Center. Park shelter reservations run April 8-October 31. Only one permit is issued for the entire day from 10am-6pm for \$35. For more information, please visit [www.harrisonburgva.gov/shelters](http://www.harrisonburgva.gov/shelters).

## PAYMENT DETAILS

### PAYMENT METHODS

CASH | CHECK | VISA | MASTERCARD | DISCOVER | AMERICAN EXPRESS | APPLE PAY  
Make Checks Payable to: Department of Parks and Recreation  
All returned checks are subject to a mandatory \$35 fee per City Code 4-1-37.

### REFUND POLICY

If a program is cancelled by the Harrisonburg Parks and Recreation, a refund for the full amount will be issued. Individual cancellations prior to the start of a class will receive a full refund minus a \$10 administrative fee for each class withdrawn. No refunds/credits will be issued on or after the first day of class. No refunds will be issued for less than \$10. Customer will receive a refund unless there is an existing household balance. In such a case, this refund will be directly applied as a credit to that balance. The complete refund policy can be found online at [www.HarrisonburgVA.gov/Program-Registration](http://www.HarrisonburgVA.gov/Program-Registration).

### Refund Options

Household Credit | Check | Credit Card | **No Cash Refunds**

### CLASS MINIMUMS

If classes do not meet minimums, they will be cancelled. Registered participants will be notified at least 3 business days before class is to begin. So, tell your friends! Make sure your class isn't cancelled.

### DISCLAIMER

This schedule of classes is published for information purposes only. We strive to produce the most accurate program guide possible. However, some program information may be subject to change. We will make every effort to notify participants of any changes.