

**Table 3C  
Consolidated Plan Listing of Projects**

**Jurisdiction's Name** City of Harrisonburg

**Priority Need**

Public Services – Senior Services

**Project Title**

Meals on Wheels (Home Delivered Meals)

**Project Description**

The Subrecipient for this project is Valley Program for Aging Services (VPAS). This funding will help address the nutritional risk of homebound seniors. This service will support the basic needs of and provide a safety net for LMI persons ages 60 or older who are at nutritional risk, socially isolated, and wishing to remain independent in their own homes. Comprehensive in-home assessments will be completed and individualized plans of care developed. Clients may receive home delivery of hot meals Monday-Friday, or monthly delivery of shelf stable or liquid supplements. Referrals are also made to area food banks when needed. The provision of these services provides increased support and human contact for each senior, thus reducing social isolation and offering an emergency contact option. Additionally, clients will receive disease prevention, health promotion, and public information education and support. VPAS requested \$9,000 for this project.

**Objective category:**  Suitable Living Environment     Decent Housing     Economic Opportunity  
**Outcome category:**  Availability/Accessibility     Affordability     Sustainability

**Location/Target Area**

Services will be available to eligible individuals on a City-wide basis.

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|--|--|
| Objective Number<br>6 & 30             | Project ID<br>07CDBG07                   |
| HUD Matrix Code<br>05A                 | CDBG Citation<br>570.201(e)              |
| Type of Recipient<br>501(c)3           | CDBG National Objective<br>LMC           |
| Start Date<br>(mm/dd/yyyy)<br>07/01/06 | Completion Date (mm/dd/yyyy)<br>06/30/07 |
| Performance Indicator<br>3; 15         | Annual Units<br>16                       |
| Local ID                               | Units Upon Completion                    |

**Funding Sources:**

|                  |           |
|------------------|-----------|
| CDBG             | \$ 9,000  |
| ESG              |           |
| HOME             |           |
| HOPWA            |           |
| Total Formula    |           |
| Prior Year Funds |           |
| Assisted Housing |           |
| PHA              |           |
| Other Funding    | \$ 7,411  |
| Total            | \$ 16,411 |

The primary purpose of the project is to help:  the Homeless  Persons with HIV/AIDS  Persons with Disabilities  Public Housing Needs