

**Table 3C
Consolidated Plan Listing of Projects**

Applicant's Name Valley Program for Aging Services (VPAS)

Priority Need

Public Services – Senior Services

Project Title

Meals on Wheels (Home Delivered Meals)

Project Description

The Subrecipient for this project is Valley Program for Aging Services (VPAS). This funding will help address the nutritional risk of homebound seniors. This service will support the basic needs of and provide a safety net for LMI persons ages 60 or older who are at nutritional risk, socially isolated, and wishing to remain independent in their own homes. Comprehensive in-home assessments will be completed and individualized plans of care developed. Clients may receive home delivery of hot meals Monday-Friday, or monthly delivery of shelf stable or liquid supplements. Referrals are also made to area food banks when needed. The provision of these services provides increased support and human contact for each senior, thus reducing social isolation and offering an emergency contact option. Additionally, clients will receive disease prevention, health promotion, and public information education and support. VPAS requested \$8,000 for this project.

Objective category: Suitable Living Environment Decent Housing Economic Opportunity
Outcome category: Availability/Accessibility Affordability Sustainability

Location/Target Area

Services will be available to eligible individuals on a City-wide basis.

Objective Number 6 & 30	Project ID 09CDBG11
HUD Matrix Code 05A	CDBG Citation 570.201(e)
Type of Recipient 501(c)3	CDBG National Objective LMC
Start Date (mm/dd/yyyy) 07/01/08	Completion Date (mm/dd/yyyy) 06/30/09
Performance Indicator 3; 15	Annual Units 15
Local ID	Units Upon Completion

Funding Sources:

CDBG	\$ 8,000
ESG
HOME
HOPWA
Total Formula
Prior Year Funds
Assisted Housing
PHA
Other Funding
Total	\$ 8,000

The primary purpose of the project is to help: the Homeless Persons with HIV/AIDS Persons with Disabilities Public Housing Needs