



# City of Harrisonburg, Virginia

## FIRE DEPARTMENT

101 North Main Street  
Harrisonburg, VA 22802  
(540) 432-7703 FAX (540) 432-7780

Ian J. Bennett  
Fire Chief

For Immediate Release  
February 3, 2017

Contact: Lieutenant Erin Stehle  
540-432-7703  
Erin.Stehle@harrisonburgva.gov

## **Burn Awareness Week Recognized by HFD**

Harrisonburg, VA. – The Harrisonburg Fire Department (HFD) will recognize next week as Burn Awareness Week.

Burn Awareness Week is recognized February 5-11 and is an opportunity for HFD to remind the public of the ways to prevent burns and scalds from happening.

“Most burns and scalds occur in the kitchen and there are simple ways to stay safe and prevent those injuries from ever happening,” explained Lieutenant Erin Stehle, HFD’s public education officer.

Ways to prevent burns and scalds in the kitchen according to the U.S. Fire Administration:

- Place objects so they cannot be pulled down or knocked over.
- Turn pot handles away from the stove’s edge.
- Use dry oven mitts or potholders. Hot cookware can heat moisture in a potholder or hot pad, resulting in a scald or burn.
- Wear short, close-fitting or tightly rolled sleeves when cooking.
- Have a “kid-free zone” of at least three feet around the stove.

In an effort to continue HFD’s efforts in preventing burns and recognizing Burn Awareness Week, Harrisonburg’s Valley Shiner’s donated activity books and other materials for HFD to give away to children throughout our community.

For more information on how you can stay safe and prevent injuries, visit [www.HarrisonburgVA.gov/fire](http://www.HarrisonburgVA.gov/fire).

###