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City Sponsors Run for Kids and Adults

Harrisonburg, Va. – The city’s Parks and Recreation Department invites members of the community to a fun run at Hillandale Park.

On Saturday, March 18, adults are invited to participate in the Shamrock 5K Trail Run and kids are invited to the Pot of Gold Kid’s Fun Run.

Pot of Gold Kid’s Fun Run

This event will begin at 8:45 a.m. and is open to children ages three to 10 years old. Kids will have a distance of 100 yards to run, jog, or walk.

Shamrock 5K Trail Run

The trail run is a beginner 5K run that will begin at 9:30 a.m. and take place rain or shine.

All proceeds will go toward the Shenandoah Valley High Rollers wheelchair basketball team.

Participants are encouraged to wear green or a St. Patrick’s Day themed costume. For more information or to register, visit www.HarrisonburgVA.gov/shamrock-trail-run.

The Harrisonburg Parks and Recreation Department manages 12 parks, A Dream Come True Playground and numerous other playgrounds, a skate park, bike trails, soccer complex, softball and baseball fields, a dog park, and two pools. The largest park in the City of Harrisonburg is Hillandale Park that encompasses 74 acres. More information about the parks can be found online at www.HarrisonburgVA.gov/parks-recreation.



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