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City Hosts Fifth Youth TryAthlon

Harrisonburg, Va. – The city of Harrisonburg’s Parks and Recreation Department invites area youth to participate in the fifth annual Youth TryAthlon.

The event will be held on Saturday, August 11 and is geared toward being an introduction to triathlons in hopes that youth continue to participate in these activities. The focus of the event is completion over competition.

“We want to provide our local youth with a great introductory experience to triathlons,” explained Erik Dart, athletics and special events manager. “This event will teach the participants a basic understanding of the event as a whole and the fun that can be had.”

The deadline to register is Friday, August 3 or when the maximum of 100 participants has been reached.

This event is open to ages 5 through 17. Additional course information and registration can be found at www.HarrisonburgVA.gov/youth-tryathlon.

The City of Harrisonburg is centrally located in the Shenandoah Valley of Virginia. It is home to almost 55,000 people. More information about the City of Harrisonburg is online at www.HarrisonburgVA.gov.



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