

ATHLETICS SUMMER CAMPS

YOUTH FENCING CAMP & GAMES

Instructor: Angela Leffel - Location: Spotswood Elementary

Learn the basic fundamentals and skills of the sport of Fencing. Please bring a packed lunch and a snack. Registration deadline is July 11.

City Res \$90 / Non-Res \$95 / Ages 8-14

211040A1 Mon-Fri Aug 1-5 9:30am-3:30pm

YOUTH VOLLEYBALL CAMP

Instructor: Laurie Kraus - Location: SKMS Gym

This is a beginner camp for players to learn and improve their skills. The skills introduced will include underhand/overhand serving, forearm passing, setting, hitting, and digging. There will also be instruction in serve receiving with transitions of offense and defense. Registration deadline is the Wednesday prior to the start of the camp.

City Res \$55 / Non-Res \$60 / Grades 5-8

211044A1 Mon-Fri Jul 25-Jul 29 9am-noon

EXPLORING ARCHERY

Instructor: Brad Fiala - Location: HHS Activity Field

There is nothing more exciting than taking aim and hitting the bulls-eye! This camp is designed to teach the fundamentals of archery and the techniques that help make you a skilled archer. This program is for all skill levels.

City Res \$50 / Non-Res \$60 / Ages 8-12

211053A1 Tue/Thu Jun 14-30 5-6pm

211053A2 Tue/Thu Jul 12-28 5-6pm

City Res \$50 / Non-Res \$60 / Ages 13+

211053A3 Tue/Thu Jun 14-30 6:15-7:15pm

211053A4 Tue/Thu Jul 12-28 6:15-7:15pm

FUN IN THE SUN YOUTH SOCCER CAMP

Instructor: Dan Long - Location: Stone Spring Elementary

Learn the fundamentals of soccer through fun drills and games.

City Res \$40 / Non-Res \$50 / Rising Grades 1-4

211052A1 Mon-Fri Jun 13-17 8:30-10am

City Res \$40 / Non-Res \$50 / Rising Grades 5-8

211052A2 Mon-Fri Jun 13-17 10:30am-noon

YOUTH SKATE CAMP

Facilitated by Wonder Skate Shop - Location: Westover Skate Park

Daily lessons for each camp are designed for any skill level. Learn how to cruise on flat ground and transitions, learn how to drop-in, or step it up and learn everything from lip tricks to flip tricks. Pizza Skate Jam provided on final day of each camp. Pads and helmets required and provided. The deadline for each camp is the Wednesday prior to the start of the camp. Participants must supply their own skateboard.

City Res \$55 / Non-Res \$60 / Ages 7-15

211021A1 Mon-Fri Jun 20-24 9am-noon

211021A2 Mon-Fri Jul 11-15 9am-noon

311021A1 Mon-Fri Aug 1-5 9am-noon

HARRISONBURG SUMMER TENNIS CAMP

Instructor: Joe Dillenbeck - Location: Purcell Park Tennis Courts

This camp is designed to teach and develop tennis skills in a fun environment. The camp combines instruction, drills, and play. Campers must provide their own rackets. Email Joe at jdillenbeck@eagles.bridgewater.edu.

City Res \$40 / Non-Res \$50 / Ages 7-10

211034A1 Mon/Wed/Fri Jun 13-24 9-10am

211034B1 Mon/Wed/Fri Jul 6-22 9-10am

City Res \$40 / Non-Res \$50 / Ages 11-13

211034A2 Mon/Wed/Fri Jun 13-24 10:30-11:30am

211034B2 Mon/Wed/Fri Jul 6-22 10:30-11:30am

City Res \$40 / Non-Res \$50 / Ages 14-17

211034A3 Mon/Wed/Fri Jun 13-24 noon-1pm

211034B3 Mon/Wed/Fri Jul 6-22 noon-1pm

MIDDLE SCHOOL CROSS COUNTRY CAMP

Instructors: Corinne Makarewicz and Krissi Dawson

This camp is designed to help runners effectively train and prepare for the fall middle school cross country season. The camp will meet throughout the summer to help young runners develop positive training habits. The campers will learn about all facets of endurance training, strengthening and stretching, as well as improving the running form and technique while focusing on sharpening their training for the upcoming fall cross country season. Mondays meet at SKMS, Thursdays meet at THMS. Program will not meet Jul 4.

City Res \$50 / Non-Res \$55 / Ages 10+

211074A1 Mon/Thu Jun 30-Aug 4 5-6:30pm

YOUTH OUTDOOR CAMPS

OUTDOOR ADVENTURE SPORTS CAMP

Instructor: Outdoor Adventure Experiences Staff - Location: CFG/CAC

This day-long camp will offer introductory experiences in at least five of today's most popular outdoor adventure sports: top-rope climbing, wild cave exploration, recreational kayaking, stand-up paddle boarding, river tubing, and geocaching. All technical and safety equipment is provided. Students must bring a bag lunch and drinks in plastic screw-top bottles each day.

City Res \$240 / Non Res \$250 / Rising Grades 6-9

211301A Mon-Fri Jul 25-29 9am-4pm

211301B Mon-Fri Aug 1-5 9am-4pm

211301C Mon-Fri Aug 8-12 9am-4pm

WATER ADVENTURE CAMPS

Instructor: Outdoor Adventure Experiences Staff - Location: CFG/CAC

This day-camp is designed to be a great introduction to some of the water related adventure activities in our area. Students will participate in at least five of the following day trips: raft float trip, recreational kayaking, a creek hike/swim day, river tubing, stand up paddleboarding, and swimming hole day. All necessary equipment and personal flotation devices will be provided for students each day. Students must bring a bag lunch and drinks in plastic screw-top bottles each day.

City Res \$240 / Non Res \$250 / Rising Grades 6-9

211300A Mon-Fri Jun 27-Jul 1 9am-4pm

211300B Mon-Fri Jul 4-8 9am-4pm

211300C Mon-Fri Jul 18-22 9am-4pm

211300D Mon-Fri Aug 15-19 9am-4pm