



# **Virtual 18<sup>th</sup> Annual Race to Beat Breast Cancer 5K Run/Walk**

**October 11-31, 2020**

## **\*\*Individual/Team Sponsor Memo\*\***



**Proceeds will go to the RMH Foundation to benefit breast cancer treatment and support at the Sentara RMH Medical Center**

Our Virtual 18<sup>th</sup> Annual Race to Beat Breast Cancer 5K Run/Walk will be held on between the dates of October 11-31 2020. The 5K may be completed from any location. Participants may run/walk/jog, on a road, trail, treadmill, track (or even at another race). Individuals get to run their own race, at their own pace, and time it themselves. Our goal is to continue our tradition and raise money for the RMH Foundation to benefit breast cancer treatment and support at the Sentara RMH Medical Center. All revenue will go towards this specific department.

This event is open to any and everyone interested in giving back to the community. Event shirts will be guaranteed to all of those registered by October 2.

### ***Leading up to the Walk/Run:***

- As a participant, you are a very important contributor to the goal of this event.
- Obtain as many sponsors as possible. A sponsor is a relative, neighbor, friend, or an acquaintance who will give you a donation for this great charity.
- Collect the donations from your sponsors before the event and place them in an envelope. Checks should be made payable to the RMH Foundation and specify Race to Beat Breast Cancer in the memo section.
- Funds can also be donated online, by visiting our race page at [www.runsignup.com](http://www.runsignup.com) and search Race to Beat Breast Cancer.

### ***During the Month of October:***

- Contact Matt Little at 540-433-2474 or [Matthew.Little@harrisonburgva.gov](mailto:Matthew.Little@harrisonburgva.gov) to setup a time to drop off donations.
- Thank you in advance for extra hard work and dedication to help raise funds for OUR event.