



18th Annual
**2020 RACE TO BEAT
BREAST CANCER 5K**
Walk/Run

This Year...
Support the Cause Virtually!

2020 REGISTRATION FEE
\$15/PARTICIPANT

**SCAN TO REGISTER
ONLINE**

RACE T-SHIRT
REGISTER BY OCTOBER 2, 2020
TO GUARANTEE T-SHIRT SIZE



ALL PROCEEDS BENEFIT THE RMH FOUNDATION
FOR BREAST CARE AND TREATMENT AT THE
SENTARA RMH MEDICAL CENTER.

**COMPLETE THE RACE
OCTOBER 11 - OCTOBER 31**

SUPPORT THE CAUSE BY RUNNING OR WALKING A 5K
ON A ROAD, TRAIL, TREADMILL, TRACK, OR EVEN AT
ANOTHER RACE! RUN/WALK AT YOUR OWN PACE AND
TIME IT YOURSELF! SUBMIT YOUR TIME TO US IN OUR
ONLINE PLATFORM.

HARRISONBURGVA.GOV/BEAT-BREAST-CANCER-RACE

NAME (FIRST/LAST)

EMAIL ADDRESS

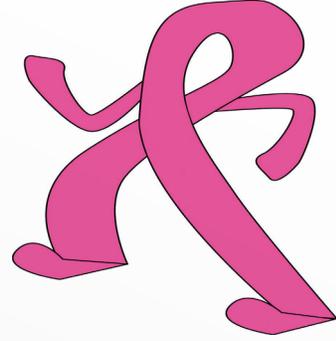
PHONE

STREET ADDRESS

CITY STATE ZIP

AGE GENDER

SHIRT SIZE



I know that running a road race is a potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of weather, and other conditions of the road, all such risks being known and appreciated by me. I for myself and anyone acting on my behalf waive and release the City of Harrisonburg, race sponsors, volunteers, and representatives from all claims in liabilities arising out of my participation in the event. I grant permission to use my photo in promotional material to promote the Race to Beat Breast Cancer 5K.

SIGNATURE AND WAIVER ACKNOWLEDGEMENT DATE