



CITY OF HARRISONBURG
**PARKS
& REC**

SUMMER 2026 AQUATICS

Harrisonburg Parks and Recreation is offering various aquatics opportunities this season at Westover Pool!

OUR SUMMER OPPORTUNITIES

Lap Swim & Recreational Swim

Reserve a lane for lap swim or water workout available 6:00am-7:00pm. If lounging is more your speed, enjoy the water during our daily recreation swim hours, 12:00pm-7:00pm beginning June 6.

Swim Lessons

Group lessons are offered Monday-Thursday mornings and start as young as six months. Each child cannot be registered for more than two classes at the same level.



Aquatics Registration & Information

Registration must take place online at www.HarrisonburgVA.gov/Activities or in-person at any recreation center. If you have questions please call 540-434-0571

City Resident Registration May 30 | Non Resident Registration June 8

AQUATICS: HOURS AND EVENTS

SWIM HOURS

Recreation Swim

May 23 - May 25

Saturday - Monday | 12:00pm - 7:00pm

May 30 - 31

Saturday - Sunday | 12:00pm - 7:00pm

Beginning June 6, 12:00pm - 7:00pm daily

Lap Swim Hours

May 23 - May 25

Saturday - Monday | 12:00pm - 7:00pm

May 30 - 31

Saturday - Sunday | 12:00pm - 7:00pm

June 1 - 5

Monday - Friday | 6:00am - 5:00pm

Beginning June 6

Monday - Friday | 6:00am - 6:00pm

Saturday - Sunday | 12:00pm - 7:00pm

Daily Admission Fee

Residents living inside the City limits will need to show proof of residency at time of entry.

Infant (Age 2 and Under) | Free

Children (Age 17 and Under) | City Res \$2 | Non Res \$4

Adult (Age 18+) | City Res \$3 | Non Res \$6

Capacity restrictions may be in place at management's discretion during Recreation Swim hours. Refunds will not be issued for weather related closures or other unexpected closures.

Summer Family Pool Pass

Summer pool passes are available for purchase starting Saturday, May 23. A family pass covers two adults and up to four children residing in the same residence. Additional children can be added for \$15 each. Availability may reduce after August 16 but your pass is good through September 7, 2026.

City Res \$75 | Non Res \$150

Please check www.HarrisonburgVA.gov/Swimming for more pool hours information.

Free Pool Days to Celebrate Parks and Rec Month!

On select Thursdays in July, City residents will get free entry to Westover Pool during the dates and times listed below. ID with City address is required for free entry.

Location: Westover Pool

Th | Jul 9 | 12:00pm - 7:00pm

Th | Jul 16 | 12:00pm - 7:00pm

Th | Jul 23 | 12:00pm - 7:00pm

Th | Jul 30 | 12:00pm - 7:00pm

Ralph Sampson Park Spray Grounds

Open Daily 10:00am - 8:00pm (Memorial Day - Labor Day)

POOL EVENTS

Memorial Day Weekend

Kick off the unofficial start of summer when both our outdoor pools, splashpad and spraygrounds open on Saturday, May 23! Pool admission discounts for Veterans applied Saturday, May 23 through Monday, May 25 from 12:00pm-7:00pm.

Home Swim Meet Schedule

We anticipate closing at 4:00pm on the following Tuesdays for Westover Waves home swim meets:

Tuesday, June 16

Tuesday, June 23

Tuesday, June 30

Tuesday, July 21

Checkout <https://www.facebook.com/WestoverWavesSwimTeam> or email westoverwavesteam@gmail.com for more information on summer swim team!

SUMMER SWIM TEAM

Are you ready to make a splash this summer?

The Westover Waves are looking for swimmers of all skill levels to join our team for a fun, exciting, and active summer season.

Whether you're a beginner or a seasoned swimmer, the Waves is a place for you to grow, have fun, and meet new friends!

Why join the Westover Waves?

- Swim and compete in a fun, team-oriented environment
- Improve your swimming skills with expert coaching
- Build lasting friendships and create unforgettable memories
- All skill levels are welcome - everyone is part of the team!
- Learn life skills like teamwork, discipline, and goal-setting

Learn more at WestoverWaves.Swimmingly.Site

WESTOVER TOP EIGHT

- Check the weather before you visit! We do not offer refunds in the event of inclement weather or other unexpected closures.
- We have El Milagro joining us this summer where you can purchase tasty eats!
- As always, no alcohol, no glass, and no smoking of any kind! This includes vaping.
- Pay attention to the weak swimmers in your group. Stay within arms reach.
- Kids should take regular breaks during their visit to use the restroom, apply sunscreen and stay hydrated.
- Our lifeguards are here to enforce the rules and keep everyone safe.
- Walk, don't run!
- Check the rules at the diving board and climbing wall before you jump or climb!

AQUATICS

SWIM REGISTRATION

As we move into our 2026 Summer Season Westover Pool would like to remind our patrons of two upcoming registration dates.

Open to City Residents May 30 | 11:00am

Open to Non Res Jun 8 | 7:00am

HERMIT CRAB: PARENT/TOT LEVEL 1

For parents and their tots ages 0.5-1.5 years, these classes introduce you both to basic water safety and give you the tips you need to create your own water fun. Swim diapers are required. Lessons consist of 4, 30-minute classes.

Open to City Residents May 30 | Non Res Jun 8

City Residents \$25 | Non Res \$50

#211100B1 | M - Th | Jun 29 - Jul 9 | 9:45am - 10:15am

#211100B2 | M - Th | Jun 29 - Jul 9 | 10:30am - 11:00am

BARNACLE: PARENT/TOT LEVEL 2

Focusing on tots ages 1.5 - 2 years, with their parents, this level will work on early fundamental aquatic skills to prepare your child to venture into our group lessons. Swim diapers may be required. Lessons consist of 8, 30-minute classes.

Open to City Residents May 30 | Non Res Jun 8

City Residents \$25 | Non Res \$50

#211101C1 | M - Th | Jul 13 - Jul 23 | 10:30am - 11:00am

#211101C2 | M - Th | Jul 13 - Jul 23 | 11:15am - 11:45am

#211101D1 | M - Th | Jul 27 - Aug 6 | 10:30am - 11:00am

#211101D2 | M - Th | Jul 27 - Aug 6 | 11:15am - 11:45am

UNICORN FISH: PRE-K LEVEL 1

Ideal for beginner, non-swimmers ages 3-5, Unicorn Fish will work to master the following skills with assistance from an instructor: key personal water safety skills, floating, water comfort and basic swimming. Lessons consist of 8, 30-minute classes.

Open to City Residents May 30 | Non Res Jun 8

City Residents \$25 | Non Res \$50

#211102A1 | M - Th | Jun 15 - Jun 25 | 10:30am - 11:00am

#211102A2 | M - Th | Jun 15 - Jun 25 | 11:15am - 11:45am

#211102B1 | M - Th | Jun 29 - Jul 9 | 9:45am - 10:15am

#211102B2 | M - Th | Jun 29 - Jul 9 | 10:30am - 11:00am

#211102B3 | M - Th | Jun 29 - Jul 9 | 11:15am - 11:45am

#211102C1 | M - Th | Jul 13 - Jul 23 | 10:30am - 11:00am

#211102D1 | M - Th | Jul 27 - Aug 6 | 9:45am - 10:15am

#211102D2 | M - Th | Jul 27 - Aug 6 | 11:15am - 11:45am

RAY: PRE-K LEVEL 2

Students ages 3-5 with some group lesson or swimming experience will focus on confidence, water safety, breath control and rhythmic, coordinated movement in the water to develop basic front and back crawl for short distances. Lessons consist of 8, 30-minute classes.

Open to City Residents May 30 | Non Res Jun 8

City Residents \$25 | Non Res \$50

#211103A1 | M - Th | Jun 15 - Jun 25 | 9:45am - 10:15am

#211103A2 | M - Th | Jun 15 - Jun 25 | 10:30am - 11:00am

#211103A3 | M - Th | Jun 15 - Jun 25 | 11:15am - 11:45am

#211103B1 | M - Th | Jun 29 - Jul 9 | 9:45am - 10:15am

#211103B2 | M - Th | Jun 29 - Jul 9 | 11:15am - 11:45am

#211103C1 | M - Th | Jul 13 - Jul 23 | 9:45am - 10:15am

#211103C2 | M - Th | Jul 13 - Jul 23 | 10:30am - 11:00am

#211103D1 | M - Th | Jul 27 - Aug 6 | 9:45am - 10:15am

#211103D2 | M - Th | Jul 27 - Aug 6 | 11:15am - 11:45am

GROUPEE: PRE-K LEVEL 3

Grouper students are comfortable in the water and have mastered some basic swimming skills. Participants ages 3-6 will focus on coordinated breathing techniques with front and back crawl and begin basic skills for additional strokes while building endurance. Lessons consist of 8, 30-minute classes.

Open to City Residents May 30 | Non-Res Jun 8

City Residents \$25 | Non-Res \$50

#211104C1 | M - Th | Jul 13 - Jul 23 | 9:45am - 10:15am

#211104D1 | M - Th | Jul 27 - Aug 6 | 9:45am - 10:15am

FIVE FAST FACTS

1. Your flotation device should be US Coast Guard approved and fit snugly!
2. In the event there is lightning in the area, our alarm will sound and we will clear the pool deck. Please gather your belongings quickly so we can keep everyone safe!
3. Three whistles means a lifeguard is making a rescue or doing training. Don't panic, we are just doing our job to keep you safe so you can enjoy your day.
4. Small kids and weak swimmers should always have an adult with them in the water and no one in a float or lifejacket should be left unattended.
5. Think before you speak! Sometimes the words you use with friends are not appropriate for everyone to hear. Do not use profanity or other slangs and slurs while you are visiting.

AQUATICS

SWORDFISH: YOUTH LEVEL 1

Non-swimming kids ages 6-10 will work to master the following skills in Swordfish: fundamental water safety, floating, moving in chest deep water and basic swimming. Lessons consist of 8, 30-minute classes.

Open to City Residents May 30 | Non-Res Jun 8

City Residents \$25 | Non-Res \$50

#211105A1 | M - Th | Jun 15 - Jun 25 | 11:15am - 11:45am

#211105B1 | M - Th | Jun 29 - Jul 9 | 10:30am - 11:00am

WHALE: YOUTH LEVEL 2

Students ages 6-10 with some group lesson experience, comfort in the water, and the ability to swim on their front or back a short distance will focus on building more confidence and water safety while honing the skills to swim front and back crawl for 25 yards. Lessons consist of 8, 30-minute classes.

Open to City Residents May 30 | Non-Res Jun 8

City Residents \$25 | Non-Res \$50

#211106A1 | M - Th | Jun 15 - Jun 25 | 10:30am - 11:00am

#211106B1 | M - Th | Jun 29 - Jul 9 | 11:15am - 11:45am

MAKO: YOUTH LEVEL 3

Mako is the best fit for kids ages 6-11 who can already swim the length of the pool and want to learn more about swimming. Mako participants will work on technique for front and back crawl, build endurance and get introduced to breaststroke, treading and personal safety. Lessons consist of 8, 30-minute classes.

Open to City Residents May 30 | Non Res Jun 8

City Residents \$25 | Non Res \$50

#211107A1 | M - Th | Jun 15 - Jun 25 | 9:45am - 10:15am

#211107C1 | M - Th | Jul 13 - Jul 23 | 11:15am - 11:45am

SEAL: YOUTH LEVEL 4

Seal is the best fit for advanced swimming kids ages 6-14 who are considering swim team or want to learn more about swimming for fitness or competition. Seal participants should have knowledge of all four competitive strokes and the strength to swim the length of the pool with front crawl, back crawl or breaststroke. Seals will learn more about diving, flip turns and swim drills.

Open to City Residents May 30 | Non-Res Jun 8

City Residents \$25 | Non-Res \$50

#211108A1 | M - Th | Jun 15 - Jun 25 | 9:45am - 10:15am

#211108D1 | M - Th | Jul 27 - Aug 6 | 10:30am - 11:00am

SWORDFISH: TEEN LEVEL 1

Non-swimming teens ages 11-15 will work to master the following skills in Swordfish: fundamental water safety, floating, moving in chest deep water and basic swimming. Lessons consist of 8, 30-minute classes.

Open to City Residents May 30 | Non-Res Jun 8

City Residents \$25 | Non-Res \$50

#211105TC1 | M - Th | Jul 13 - Jul 23 | 9:45am - 10:15am

#211105TC2 | M - Th | Jul 13 - Jul 23 | 11:15am - 11:45am

WHALE: TEEN LEVEL 2

Students ages 11-15 with some group lesson experience, comfort in the water and the ability to swim on their front and back will focus on building more confidence and water safety while honing the skills to swim front and back crawl for 25 yards. Lessons consist of 8, 30-minute classes.

Open to City Residents May 30 | Non-Res Jun 8

City Residents \$25 | Non-Res \$50

#211106TD1 | M - Th | Jul 27 - Aug 6 | 10:30am - 11:00am

FLOUNDERS: ADULTS

Ideal for beginner or unsure adults and older teens, this group lesson is station based, allowing you more freedom to hone the skills you want. Lessons consist of 8, 45 minute classes.

Open to City Residents May 30 | Non Res Jun 8

City Residents \$25 | Non Res \$50

#221106D1 | M - Th | Jul 27 - Aug 6 | 8:30am - 9:15am

MASTERS SWIMMING

Swim team practice for adults 18+. Join to improve your swimming, technique, get in shape, or take your current workouts to the next level. Participants can come to as many practices as they choose per month. Practice will be held Tuesday - Thursday, 7am - 9am. Seasonal membership to Masters Swimming is required, no additional pool membership necessary.

Summer Membership

City Res \$75 Non-Res \$150 | Ages 18+

#221107D1 | Tu, W, Th | 7:00am - 9:00am (June - September)