



FALL 2026 PROGRAMS

SEPTEMBER - DECEMBER

Yoga Pilates Fusion - 5

Wilderness and Remote First Aid - 8

Linocut Stamps - 10

Afterschool Teen Workouts - 16

Burg Bash - 17

Program Registration

www.HarrisonburgVA.gov/Activities
or in person at any Recreation Center

OUR MISSION

To enhance the quality of life and meet the needs of the community by providing comprehensive leisure service opportunities and to develop and maintain a safe system of open spaces and public facilities for the use and enjoyment by the public.

OUR VISION

The Harrisonburg Parks and Recreation Department will be a leading resource for creating positive leisure, recreational, and cultural experiences. We will offer a variety of quality programs, parks, and facilities for people of all ages, ethnicities, and abilities. Our department will lead the way in implementing innovative actions and policies related to environmental awareness, connectivity, and recreation.

PARKS AND RECREATION ADVISORY COMMISSION

MuAwia DaMes
 Matt Snyder
 Kevin Gibson
 Deanna Reed, City Mayor
 Rachel Smallwood
 Dr. Leonard A. Van Wyk
 Aaron Hewitt

*1 Current Vacancy



How to Reach Us!

EMAIL

ParksandRecreation@HarrisonburgVA.gov

WEBSITE

www.HarrisonburgVA.gov/Parks-Recreation

FACEBOOK

@HarrisonburgParksandRecreation

INSTAGRAM

@HarrisonburgParks

X

@HburgParks

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Directory

Athletics	540-433-9168
Community Activities Center	540-433-2474
Heritage Oaks Golf Course	540-442-6502
Lucy F. Simms Center	540-437-9213
Price Rotary Senior Center	540-432-7799
Park Administration	540-438-1644
Westover Swimming Pool	540-434-0571

Facility Memberships

Memberships run January 1-December 31 (half-price membership available July 1-December 31)
 Membership gives you access to Community Activities Center, Lucy F. Simms Center, and Westover Pool.
 Adults: \$60 Resident / \$120 Non-Resident
 Youth (12 - 17): \$30 Resident / \$60 Non-Resident
 Seniors (50+): \$30 Resident / \$60 Non-Resident
 Family: \$150 Resident / \$300 Non-Resident
 Daily Rate (Adult): \$3.00 Resident/ \$6.00 Non-Resident
 Daily Rate (Youth): \$2.00 Resident/ \$4.00 Non-Resident

- Guests and new members must verify ID and provide a current address.

**Prices are subject to review annually

RECREATION CENTERS

LUCY F. SIMMS CENTER (SIMMS)

Hours

Monday - Friday 7:00am - 9:00pm

Saturday - 9:00am - 5:00pm



620 Simms Ave

COMMUNITY ACTIVITIES CENTER (CAC)

Hours

Monday - Friday 6:00am - 9:00pm

Saturday - 9:00am - 5:00pm



305 S Dogwood Drive

WESTOVER POOL

Lap Swim Hours

August 17 - September 7

Monday, Friday | 6:00am - 4:00pm

Tuesday-Thursday | 6:00am - 7:00am & 9:00am - 4:00pm

Saturday-Sunday | 12:00pm - 7:00pm

September 8-December 19

Monday, Friday | 6:00am - 5:00pm

Tuesday, Thursday | 6:00am - 7:00am, 9:00am - 5:00pm

Wednesday | 6:00am - 7:00am, 12:00pm - 5:00pm

Saturday | 12:00pm - 5:00pm (one lane)

**High School swim season begins in November, lap swim will end at 3:00pm.



305 S Dogwood Drive

Recreation Swim

August 15 - September 5

Saturday - Sunday | 12:00pm - 7:00pm

*Staffing Dependent

September 7 - December 19

Wednesday | 9:00am - 12:00pm

Saturday | 12:00pm - 5:00pm

Dome Closure

Each year, we take some time to get ready for our indoor season by focusing on our dome and maintenance projects. This year those dates are planned for Saturday, October 17 - Sunday, November 15.

PRICE ROTARY SENIOR CENTER

Hours

Open during scheduled programs



309 S Dogwood Drive



CITY OF HARRISONBURG

**PARKS
& REC**

FALL 2026

FITNESS

Harrisonburg Parks and Recreation
presents you with a wealth of fitness
opportunities!

Check out what is new!

OUR FALL OPPORTUNITIES

Fitness

Enhance your fitness routine with yoga or learn how
to use the machines in the weight room!

Adult Dance

Dancing is a great way to keep active! Join our adult
ballet or tap class!



Fitness Registration & Information:

Registration must take place online at www.HarrisonburgVA.gov/Activities
or in-person at any recreation center. If you have questions please call 540-433-2474.

City Resident Registration August 10 | Non Resident Registration August 24

FITNESS & NUTRITION

FITNESS

NEW!

Yoga Pilates Fusion

Instructor: Karen Myers

A breath synchronized flow moving from one pose to the next. This style allows for a lot of variety, almost certain to include Sun Salutations to get body warmed up, then you will be led through a variety of postures that flow from one to the next to the next. Sometimes you will hold poses to allow for more openness. The last part of class will consist of floor postures to deepen the stretch and begin cool-down. Classes always end with savasana, or a final resting pose the last few minutes of class.

No classes:

September 9, Class will be made up October 5

November 11, Class will be made up November 9

Location: Community Activities Center Fitness Studio

City Res \$30 | Non Res \$35 | Ages 18+ Instructor: Lisa Hasler RYT

#321428A1 | W | Sep 2 - Oct 7 | 5:30pm - 6:30pm

#321428A2 | W | Oct 14 - Nov 18 | 5:30pm - 6:30pm

Vinyasa Yoga

A breath synchronized flow moving from one pose to the next. This style allows for a lot of variety, almost certain to include Sun Salutations to get body warmed up, then you will be led through a variety of postures that flow from one to the next to the next. Sometimes you will hold poses to allow for more openness. The last part of class will consist of floor postures to deepen the stretch and begin cool-down. Classes always end with savasana, or a final resting pose the last few minutes of class

Class will be moved to Simms on October 3 and October 24.

Location: Community Activities Center Fitness Studio

City Res \$30 | Non Res \$35 | Ages 18+

#321427A1 | Sa | Sep 12 - Oct 17 | 9:15am - 10:15am

#321427A2 | Sa | Nov 7 - Dec 12 | 9:15am - 10:15am

NEW!

Traditional Martial Arts - Kung Fu

Instructor: Gregory Sinn

Learn traditional martial arts in a fun, supportive environment. Shaolin Chuan Fa Kung Fu is a mindfulness practice involving kicks, punches, blocks, and stances. Students will learn to work safely in the air and with partners. Great for balance, flexibility, focus, confidence, self-defense, and longevity. All ability levels are welcome. Please wear athletic-type clothes that will allow you to move around freely.

Location: Community Activities Center Fitness Studio

City Res \$30 | Non Res \$35 | Ages 18+

#321431A1 | Tu, Th | Sep 15 - Oct 8 | 6:30pm - 7:30pm

#321431A2 | Tu, Th | Oct 20 - Nov 12 | 6:30pm - 7:30pm

How To: Fitness Equipment

Join Cory Jeffries for a session on how to use the pieces of equipment in our fitness centers. Each participant will leave with a sample workout schedule that they can use.

Email Cory.Jeffries@HarrisonburgVA.Gov to sign up

Location: Community Activities Center or Simms Center

Free (Registration Required) | Ages 14+

DANCE FOR FITNESS

Adult Ballet for Fun & Exercise

This class teaches classical and contemporary ballet technique. Barre work incorporates learning and mastering ballet alignment, core strength, muscle strength and stamina, and flexibility. Exercises are built upon in center floor work, incorporating coordination and musicality. As students progress, moving combinations include turns and jumps across the floor as well as increasing coordination between arms and legs and eventually head positions. This class builds upon concepts and techniques studied in the beginning class and allows for a range of abilities to develop. This is a great class for dancers wishing to experience the joy of dance.

Location: Community Activities Center Dance Studio

City Res \$40 | Non Res \$50

#320316A1 | Ages 18+ | M | Sep 14 - Nov 9 | 6:30pm - 7:15pm

Adult Tap for Fun & Exercise

This class is a great way to develop rhythm, coordination and muscle control. Classes involve detailed footwork and articulation of sound focusing on the basics of tap. This class has high energy and is a great tool for self-expression. It's great for exercise and fun!

Location: Community Activities Center Dance Studio

City Res \$40 | Non Res \$50

#320316A1 | Ages 18+ | M | Sep 14 - Nov 9 | 7:15pm - 8:00pm



CITY OF HARRISONBURG
**PARKS
& REC**

FALL 2026 AQUATICS

Harrisonburg Parks and Recreation is offering various aquatics opportunities this season at Westover Pool!

OUR FALL OPPORTUNITIES

Lap Swim & Recreational Swim

Reserve a lane for lap swim or water workout or just enjoy the water during our outdoor recreation swim hours until September 7.

Aquatic Classes

Now offering two sessions of water aerobics! Check out our line-up of safety classes!



Aquatics Registration & Information

Registration must take place online at www.HarrisonburgVA.gov/Activities or in-person at any recreation center. If you have questions please call 540-434-0571

City Resident Registration August 10 | Non Resident Registration August 24

AQUATICS: HOURS AND EVENTS

SWIM HOURS

Recreation Swim

August 15 - September 5*

Saturday - Sunday | 12:00pm - 7:00pm

*Staffing Dependent

September 7 - December 19

Wednesday | 9:00am - 12:00pm

Saturday | 12:00pm - 5:00pm

Lap Swim Hours

August 17 - September 7

Monday, Friday | 6:00am - 4:00pm

Tuesday - Thursday | 6:00am - 7:00am and 9:00am - 4:00pm

Saturday - Sunday | 12:00pm - 7:00pm

September 8 - December 19

Monday, Friday | 6:00am - 5:00pm*

Tuesday, Thursday | 6:00am - 7:00am, 9:00am - 5:00pm*

Wednesday | 6:00am - 7:00am, 12:00pm - 5:00pm*

Saturday | 12:00pm - 5:00pm (one lane)

*High School swim season begins in November, lap swim will end at 3:00pm.

Dome Closure

Each year, we take some time to get ready for our indoor season by focusing on our dome and maintenance projects.

Saturday, October 17 - Sunday, November 15*

*Pending arrival and installation of our new dome. Check our website and social media for updated schedules.

Pool Closures

Fall and Winter Holidays

Monday, October 12

Tuesday, November 3

Wednesday, November 11

Half-day Wednesday, November 25 - Sunday, November 29

Sunday, December 20-Friday, January 1

Ralph Sampson Park Spray Grounds

Open Daily 10:00am - 8:00pm (Memorial Day - Labor Day)

DAILY ADMISSION FEE

Residents living inside the City limits will need to show proof of residency at time of entry.

Infant (Age 2 and Under) | Free

Children (Age 17 and Under) | City Res \$2 | Non Res \$4

Adult (Age 18+) | City Res \$3 | Non Res \$6

Capacity restrictions may be in place at management's discretion during Recreation Swim hours. Refunds will not be issued for weather related closures or other unexpected closures.

Please check www.HarrisonburgVA.gov/Swimming for more pool hours information.

POOL EVENTS

Shiver Me Timbers Pirate Plunge

Calling all Captains, Quartermasters, and Crew! We've got new swag and great refreshments! Participants 12 and up can enjoy a dip in the outdoor pool before heading indoors to cheer on the Cannonball Crew!

City Residents \$20 | Non Residents \$40 | Adult (Age 12+)

#111130A1 | F | Jan 1 | 9:00am

Cannonball Splash

This is a call for our younger crewmates! Earn your own swag this year during our first official Cannonball Splash! Once the rest of your shipmates complete their dip in the icy deep outside, it will be your turn to walk the plank in the heated indoor pool.

City Residents \$20 | Non Residents \$40 | Youth (Ages 3-11)

#111130A2 | F | Jan 1 | 9:30am

SUMMER WRAP-UP

We had a great summer! Thanks for helping us kick off our Swim for Sadie free swim lesson program! We had free admission for City Residents during high heat days and on Thursdays in July and swim lesson enrollment was our highest ever!

Swim lessons and water aerobics will be offered during dome season and recreation swim will be available twice a week.

Check out this guide and the upcoming Winter/Spring activity guide for everything we have coming up!

Thanks for a great 2026 summer and see you in the dome!

AQUATICS

SWIM FOR SADIE LEVEL 1

Level 1 is for non-swimming kindergarten through 2nd graders who will work toward mastering essential water safety, floating, moving in chest-deep water and basic swimming.

Harrisonburg City Public School Students Only

#311111E1 | M, W | Aug 24 - Sep 16 | 5:00pm - 5:30pm

#311111E2 | M, W | Aug 24 - Sep 16 | 5:45pm - 6:15pm

#311111E3 | M, W | Aug 24 - Sep 16 | 6:30pm - 7:00pm

#311111F1 | Tu, Th | Aug 25 - Sep 17 | 5:00pm - 5:30pm

#311111F2 | Tu, Th | Aug 25 - Sep 17 | 5:45pm - 6:15pm

#311111F3 | Tu, Th | Aug 25 - Sep 17 | 6:30pm - 7:00pm

SWIM TRAINING AND FITNESS

Masters Swimming

Swim team practice for adults 18+. Join to improve your endurance and technique or take your current workouts to the next level. Participants can come to as many practices as they choose per month. Practice will be held Tuesday - Thursday, 7:00am - 9:00am. Seasonal memberships to Masters Swimming is required, no additional pool membership is necessary.

City Residents \$150 | Non Residents \$300 | Ages 18+

#121107A1 | Tu, W, Th | 7:00am - 9:00am (Sep - Apr)

Water Aerobics

Join us for this low impact workout that combines resistance training and cardio exercise. Train using your own body weight and resistance or add equipment to increase the challenge. No additional pool membership is necessary.

City Residents \$30 | Non Residents \$60 | Ages 18+

City Residents Registration Jul 20 | Non Residents Aug 3

#321109A1 | M, W | Aug 10 - Sep 2 | 9:00am - 9:45am

#321109A2 | Tu, Th | Aug 11 - Sep 3 | 9:00am - 9:45am

FLOUNDERS: ADULTS

Ideal for beginner or unsure adults wanting to learn more about swimming this group lesson is shaped by individual and group goals. A station-style set up will allow you to spend time working on skills you want to master while group work builds confidence and enhances your experience. 8, 45-minute lessons.

City Residents \$25 | Non Residents \$50 | Adults (16+)

City Resident Registration Jul 20 | Non Resident Aug 3

#321106A1 | Tu, Th | Aug 11 - Sep 3 | 11:00am - 11:45am

SAFETY TRAINING CLASSES

Lifeguarding

Take advantage of your time off of school! This blended learning American Red Cross Lifeguarding course is for perfect for students ages 15 and up that will be new lifeguards or former lifeguards with an expired certification. Pre-requisites include a swim and tread event as well as a timed retrieval of a 10 pound brick from deep water. Online content will be assigned two weeks before the first in-person skills session.

City Residents \$75 | Non Residents \$150 | Ages 18+

#331101A1 | M - Th | Dec 28 - Dec 30 | 8:30am - 4:30pm

Basic CPR Training

In this American Red Cross Adult and Pediatric CPR/First Aid/AED training course, you will learn the essential skills to assist someone experiencing a sudden illness or injury. Successful completion of this course includes a 2-year certification and is most appropriate for education professionals, office staff, baby-sitters and individuals in non-emergency roles.

City Residents \$45 | Non Residents \$90 | Ages 14+

City Residents Registration Jul 20 | Non Residents Aug 3

331105A1 | Sa | Aug 29 | 8:30am - 1:30pm

City Residents Registration Aug 10 | Non Residents Aug 24

#331105B1 | Sa | Sep 26 | 8:30am - 1:30pm

#331105C1 | Sa | Oct 24 | 8:30am - 1:30pm

Wilderness and Remote First Aid

If you are an outdoor enthusiast, this American Red Cross Wilderness and Remote First Aid class is for you! Be prepared for fall hiking, leaf peeping and other outdoor activities after this 16-hour, hands-on course. Get a foundation of first aid principles and skills to be able to respond to emergencies and give care when help is not close by. A CPR certification is required prior to the completion of this course. Course will be held on four consecutive Thursdays.

Location: Hillandale Park, Shelter 12

City Residents \$75 | Non Residents \$150 | Ages 18+

#331106A1 | Th | Sep 24 - Oct 15 | 4:30pm - 8:30pm

FALL 2026

SPECIAL INTEREST

Harrisonburg Parks and Recreation/
partner organizations are offering
various programs and events across
Harrisonburg.

OUR FALL OPPORTUNITIES

Outdoor Adventure

Try out rock climbing, caving, or help us track
pollinators across the City.

Events

With events such as the Race to Beat Breast Cancer,
Holiday Parade, and Craft Show, we have events for
everyone!

Art

Join us once a month at our free adult art program!



Special Interest Registration & Information:

Registration must take place online at www.HarrisonburgVA.gov/Activities
or in-person at any recreation center. If you have questions please call 540-433-2474.

City Resident Registration August 10 | Non Resident Registration August 24

SPECIAL INTEREST

ADULTS WITH DISABILITIES

Canteen

All area teens and adults with intellectual and other developmental disabilities are invited to attend this social and recreational program. Join us for an evening of games, dancing, Lego, and snacks. We encourage parents or caregivers to stay and build community together.

Free | Ages 16+

F | Sept 11 | 7:00pm - 8:30pm | Community Activity Center

F | Oct 30 | 7:00pm - 8:30pm | Simms Center

F | Dec 4 | 7:00pm - 8:30pm | Simms Center

Wellness Matters

Wellness Matters is an all-inclusive group striving to build strong relationships through wellness activities. This program provides opportunities for area adults with intellectual and other developmental disabilities to learn and participate in different recreation activities. Call the Community Activities Center for more information 540-433-2474 or email

Harriet.Flynn@HarrisonburgVA.Gov to register.

Free | Ages 18+

W | Sep 16 | 1:00pm - 2:00pm | Purcell Park

W | Oct 21 | 1:00pm - 2:00pm | Simms Center

W | Nov 18 | 1:00pm - 2:00pm | CAC

W | Dec 16 | 1:00pm - 2:00pm | Simms Center

ADULT ART

Create & Craft

Join us the fourth Tuesday of the month for this adult art program. Each month will have a different featured art medium. All supplies and instruction are provided. This is a free drop in program for those 15 years of age and older.

Participants may join in with the monthly art medium or choose to do their own art.

Location: Simms Center Art Room

Free | Ages 15 and older

Tu | Sep 22 | 5:30pm - 8:00pm | Kinusaiga

Tu | Oct 27 | 5:30pm - 8:00pm | Linocut Stamps

Tu | Nov 24 | 5:30pm - 8:00pm | Needle Felting

OUTDOOR ADVENTURE

Beginner Rock Climbing

A full day of learning to climb and belay for ages 12 through adult (teens may attend unaccompanied, but their transportation must be provided by a parent or guardian). All technical gear is provided.

A personal suggested clothing list, medical form/ participant agreement, and driving directions to the activity meetup will be supplied by WILD GUYde Adventures after registration.

Both child and adult must register and pay.

Location: George Washington National Forest

City Res \$70 | Non Res \$75 | Ages 12+

#331372A1 | Sa | Oct 17 | 9:00am - 5:00pm

Beginner Wild Caving

A morning of learning basic caving safety, underground navigation, and some elementary limestone geology for ages 12 through adult (teens may attend unaccompanied, but their transportation must be provided by a parent or guardian). All technical gear is provided.

A personal suggested clothing list, medical form/ participant agreement, and driving directions to the activity meetup will be supplied by WILD GUYde Adventures after registration.

Both child and adult must register and pay.

Location: Near Bridgewater, VA

City Res \$40 | Non Res \$45 | Ages 12+

#331306A1 | Sa | Nov 7 | 8:30am - 12:00pm

Parks for Pollinators - BioBlitz

Help us learn more about what pollinators and pollinator habitats we have in Harrisonburg! Join us in this month-long community project by downloading the iNaturalist app and joining our project "Parks for Pollinators 2026: Harrisonburg VA"

The more community members we have documenting their finds, the more we can learn and better care for the pollinators in our area.

Location: any area in Harrisonburg

Family Friendly

Sep 1 - Sep 30



HOLIDAY CRAFT SHOW

OCTOBER 10, 2026
9 AM - 2 PM

CECIL F. GILKERSON COMMUNITY ACTIVITIES CENTER
305 S DOGWOOD DRIVE, HARRISONBURG

Enjoy fall and winter crafts while
shopping for holiday gifts.

VENDOR APPLICATIONS MAY BE FOUND AT
WWW.HARRISONBURGVA.GOV/WESTOVER-HOLIDAY-CRAFT-SHOW



RACE TO BEAT BREAST CANCER

OCTOBER 24

REGISTER AT -

HARRISONBURGVA.GOV/BEAT-BREAST-CANCER-RACE

PICKLEBALL FOR THE CURE

OCTOBER 31

STARTING AT 9:00AM



\$40
PER TEAM

BRACKET STYLE
TOURNAMENT

SIMMS CENTER

MORE INFORMATION

HARRISONBURGVA.GOV/PICKLEBALL-TOURNAMENT

Holiday Parade

DECEMBER 5, 7:00PM

DOWNTOWN HARRISONBURG

THIS YEAR'S THEME IS "FESTIVAL OF LIGHTS"
IF YOUR ORGANIZATION OR BUSINESS IS
INTERESTED IN PARTICIPATING IN THE PARADE
PLEASE EMAIL
MATTHEW.LITTLE@HARRISONBURGVA.GOV

FALL / WINTER 2026 ATHLETICS PROGRAMS

Harrisonburg Parks and Recreation is offering various sports-specific programs and leagues.

OUR FALL / WINTER OPPORTUNITIES

Fall Youth Soccer

Leagues are open to children ages 5-13.

Fall Flag Football

Leagues are open to grades 1-4 who live in the City.

Winter Youth Basketball

Leagues are open to ages 5-12 who live in the City.

Start Smart Basketball

Instructional clinic-based program for ages 3-4.



Athletics Registration & Information

Registration must take place online at www.HarrisonburgVA.gov/Activities or in-person at any recreation center.

If you have questions please call 540-433-9168.

Fall registration closes August 14. Winter registration opens October 1 and closes November 13.

ATHLETICS

FALL YOUTH SOCCER

www.harrisonburgva.gov/soccer

Registration opens May 26 and closes August 14.

Shin guards are mandatory for all levels.

\$30/City - \$60/Non-Res (Non-Res registration opens June 8).

Age is determined as of September 1.

Specific program days and times will be released at a later date.

Location: Smithland Athletic Complex

Volunteer Coaches Needed for All Levels!

U5 Soccer League (Age 5)

Girls: #311005-A1 | M, W | Sep 9 - Oct 21

Boys: #311005-A2 | T, Th | Sep 8 - Oct 22

U6 Soccer League (Age 6)

Girls: #311007-A1 | M, W | Sep 9 - Oct 21

Boys: #311007-A2 | T, Th | Sep 8 - Oct 22

U7 Soccer League (Age 7)

Girls: #311006-A1 | M, W | Sep 9 - Oct 21

Boys: #311006-A2 | T, Th | Sep 8 - Oct 22

U8 Soccer League (Age 8)

Girls: #311008-A1 | M, W | Sep 9 - Oct 21

Boys: #311008-A2 | T, Th | Sep 8 - Oct 22

U10 Soccer League (Age 9-10)

Skills Evaluation: August 31-September 3

Girls: #311009-A1 | Sep 8 - Oct 24

Boys: #311009-A2 | Sep 9 - Oct 24

U13 Soccer League (Age 11-13)

Skills Evaluation: August 31-September 3

Girls: #311010-A1 | Sep 8 - Oct 24

Boys: #311010-A2 | Sep 9 - Oct 24

FALL YOUTH FLAG FOOTBALL

www.harrisonburgva.gov/football

Registration opens May 26 and closes August 14.

Grade determined based on the 2026-2027 school year.

\$30/player - City Residents Only

Volunteer Coaches Needed for All Leagues!

Flag League (Grades 1-2 / 3-4)

Grades 1-2: #311060-A1 | M, W | Sep 9 - Oct 28 | 5:45pm-6:30pm

Grades 3-4: #311060-A2 | M, W | Sep 9 - Oct 28 | 6:40pm-7:25pm

START SMART BASKETBALL

www.harrisonburgva.gov/start-smart

This is a developmentally appropriate introductory basketball program for children ages 3-4. The program prepares children for organized basketball in a fun, non-threatening environment.

Pairs work together to develop individual skills.

\$30/City Residents Only

Location: Lucy F. Simms Center Auditorium

Basketball Session 1: #110108-A1 | M-F | Jan 4-8 | 5:30-6:15pm

Basketball Session 2: #110108-A2 | M-F | Jan 4-8 | 6:15-7:00pm

WINTER YOUTH BASKETBALL

www.harrisonburgva.gov/basketball

Registration opens Oct 1 and closes Nov 13.

\$30/City Residents Only

Age is determined as of Dec 1.

Call 540-433-9168 for additional information.

U6 and U8 will take place at the Cecil F. Gilkerson Community Activities Center.

U10 and U12 will take place at the Lucy F. Simms Continuing Education Center.

Due to limited facility space and unknown registration numbers, specific program days and times will be released at a later date.

Volunteer Coaches Needed for All Levels!

U6 Basketball League (Age 5-6)

Girls: #111016 | M, W | Jan 18 - Mar 3 | Times TBD

Boys: #111017 | T, Th | Jan 19 - Mar 4 | Times TBD

U8 Basketball League (Age 7-8)

Practices will begin Dec 2. Program will not meet Dec 12 - Jan 3.

Practices will resume and games will begin starting Jan 6.

Girls: #111018 | M, W | Nov 30 - Feb 24 | Times TBD

Boys: #111019 | T, Th, S | Dec 1 - Feb 27 | Times TBD

U10 Basketball League (Age 9-10)

Skill Assessments will take place the week of November 16-19.

Teams will then be selected by volunteer coaches.

Practices will begin Nov 30.

Program will not meet Dec 12 - Jan 3.

Practices will resume and games will begin starting Jan 5.

Girls: #111020 | Nov 30 - Mar 6 | Times TBD

Boys: #111002 | Nov 30 - Mar 6 | Times TBD

U12 Basketball League (Age 11-12)

Skill Assessments will take place the week of November 16-19.

Teams will then be selected by volunteer coaches.

Practices will begin Nov 30.

Program will not meet Dec 12 - Jan 3.

Practices will resume and games will begin starting Jan 6.

Girls: #111021 | Nov 30 - Mar 6 | Times TBD

Boys: #111003 | Nov 30 - Mar 6 | Times TBD





FALL 2026

YOUTH SERVICES

Youth Services offers a variety of drop-in and year-round programs.

OUR FALL OPPORTUNITIES

Toddler Programs

Attend Parent Tot Playtime or head to the Tumble Room.

Youth

Looking for an afterschool activity for your child? Sign them up for Lego Club, Art Club, or one of our one-off programs.

Teen

Be sure to check out the multiple brand new teen programs available this fall!

Family

Bring the whole family and join us at Burg Bash 26!



Youth Services Registration & Information:

For more information about our Youth Services programs visit www.HarrisonburgVA.gov/youth-services

Or call 540-433-2474

City Resident Registration August 10 | Non Resident Registration August 24

YOUTH SERVICES

YOUTH

Kids' Night Out

Join us for Kids' Night Out! Participants will eat pizza, make a craft, and play games!

Location: Community Activities Center

City Res \$5 | Non Res \$10 | K - 5th grade

#310950A1 | F | Oct 16 | 5:45pm - 8:00pm

NEW!

Intro to Photography - Youth

Participants will learn about framing, perspective, and creativity while building confidence and having fun behind the camera.

Location: Community Activities Center

City Res \$0 | Non Res \$5 | K - 5th grade

#310902A1 | F | Sep 25 | 10:00am - 11:00am

NEW!

Intro to Public Speaking - Youth

Gain confidence in front of others, practice writing a short speech, and learn how to read from a teleprompter.

Location: Community Activities Center

City Res \$0 | Non Res \$5 | K - 5th grade

#310903A2 | F | Sep 25 | 11:15am - 11:45am

Lego Club

Let's get together and build some Legos! We will have blocks available for free building as well as kits to choose from.

Parents must stay in the building or they may participate.

No Lego Club October 12 or November 3

Location: Simms Center Art Room

City Res \$5 | Non Res \$10 | Ages 6 - 11

#310940A1 | M | Sep 14 - Oct 26 | 5:00pm - 6:00pm

NEW!

Art Club

Art club is a fun, supportive space to explore creativity through drawing, painting, crafts, and hands-on art projects. Participants can build artistic skills, express themselves, and enjoy creating with friends in a welcoming group setting.

Parents must stay in the building.

Location: Simms Center Art Room

City Res \$10 | Non Res \$15 | Ages 6 - 11

#310921A1 | M | Nov 9 - Dec 14 | 5:00pm - 6:00pm

Pool Deck the Halls

Do you need an evening without the kids to get some holiday shopping done? Westover Pool staff and our After School program staff are hosting a Pool-Deck the Halls event!

Location: Westover Pool

City Res \$10 | Non Res \$15 | K - 5th grade

#310950A2 | F | Dec 18 | 6:00pm - 9:00pm

TODDLER

Parent Tot Playtime

Parks and Recreation staff provide mats, tricycles, bouncy balls, and obstacles galore to give toddlers and their parents the chance to play.

Location: Community Activities Center Gymnasium

\$0 Members | \$1 Non-Member | Ages 5 and younger

M | Aug 31 - May | 9:00am - 11:00am

W | Sep 2 - May | 9:00am - 11:00am

Tumbling/ Free Movement Room

Bring your child to get moving in our tumbling room full of tumbling mats, wedges, and fun obstacles! Members use the space for free! Use of the Tumbling Room is strictly for children 5 and under. All users must check in at the front desk. Non-members and guests must pay \$1.00 fee and provide identification with current address.

Location: Community Activities Center Tumbling Room

\$0 Members | \$1 Non-Member | Ages 5 and younger

Call for the most up-to-date hours

2026-2027 PRESCHOOL

Through creative and meaningful play activities, the program promotes the healthy social, emotional, cognitive, and physical development of each child. A positive self-concept will be developed, with creativity and self-expression being encouraged. The program is offered to City resident's children who are or will be three years of age by September 30 and are fully potty trained in the 3-year-old classroom, and to children who are or will be four years of age by September 30 of the current year in the 4-year-old classroom.

This program is licensed under the VA Department of Education. For more information visit www.harrisonburgva.gov/youth-services. Register in person at the Community Activities Center. Please have child's birth certificate with you.

3-Year-Olds

City Residents only. \$50 per month

Ages 3 | Tu, Th | Sep - May | 9:00am - 12:00pm

4-Year-Olds

City Residents only. \$75 per month

Ages 4 | M, W, F | Sep - May | 9:00am - 12:00pm

YOUTH SERVICES

YOUTH & TEEN FITNESS

NEW!

Afterschool Teen Workouts

Teen Afterschool Workouts is a free 6-week fitness program designed for all 6th–12th graders. This program provides teens with a positive and structured afterschool activity that promotes physical fitness, confidence, discipline, and healthy habits.

Participants do not have to be athletes to join. This program is a great opportunity for fitness beginners, teens interested in becoming stronger or faster, or those simply looking for a fun and active way to spend time after school. Workouts will include age-appropriate exercises that challenge participants both physically and mentally in a supportive environment.

Sessions will be led by a certified instructor and will take place on Mondays and Wednesdays from 2:30pm to 3:30pm for 6 weeks. Registration is free, but early registration is recommended.

Location: Community Activities Center

Free | Registration Required | 6th - 12th Grade

#310255A1 | M, W | Oct 14 - Nov 16 | 2:30pm - 3:30pm

NEW!

Youth Fitness Boot Camp

A positive, high-energy program designed to help students build strength, discipline, confidence, and perseverance. Through structured physical challenges and motivational guidance, participants will learn the value of hard work, accountability, teamwork, and making positive choices at home, in school, and in the community. This once-a-month program is great for athletes looking to improve and for students who just need an extra boost of encouragement, structure, and support.

We will meet the second Saturday of the month.

September 12, October 10, November 14

Location: Community Activities Center

Free | Registration Required | Ages 8 - 16

#310254A1 | Sa | Second Saturdays | 10:30am - 11:30am

TEENS PROGRAMS

NEW!

(The B.U.I.L.D Team) Building Up Innovation, Learning & Development

Calling all future engineers, architects, managers, creatives, business owners, and tech professionals! Middle school students are invited to join an engineering competition team where they will design and build a futuristic city while learning valuable skills in project management, teamwork, critical thinking, public speaking, and problem solving. Participants will have a chance to get rewards and compete at a regional and possibly national level while exploring innovative solutions to today's sustainability issues, practice public speaking, answering judge questions, and building confidence under pressure. This competition-based program may include guest speakers, possible travel opportunities, and a vlog component where students document their experience. The program meets once a week on Wednesdays from 5pm to 7pm. Each child must be registered.

Location: Community Activities Center

City Res \$5 | Non Res \$10 | 6th - 8th Grade

#310955A1 | W | Oct 14 - Jan 20 | 5:00pm - 7:00pm

NEW!

Photography and Video for Teens

Participants will learn about framing, perspective, and creativity while building confidence and having fun behind the camera.

Location: Community Activities Center

City Res \$0 | Non Res \$5 | 6th - 12th Grade

#310904A1 | F | Sep 25 | 1:00pm - 2:00pm

NEW!

Public Speaking for Teens

Gain confidence in front of others, practice writing a short speech, and learn how to read from a teleprompter.

Location: Community Activities Center

City Res \$0 | Non Res \$5 | 6th - 12th Grade

#310905A1 | F | Sep 25 | 2:15pm - 3:30pm



BURG

BASH 26

November 14
12:00pm - 3:00pm
Community Activities Center

Giving thanks for family. Celebrating friendships. Building community.

Join us for an all-ages celebration designed for families, friends, and the community to come together, have fun, and show how much they are thankful for one another during fall season. This family-friendly event is the perfect way to get into the holiday spirit with games, attractions, candy, music, raffle giveaways, and more! Bring the kids, invite your friends, and tell a friend to tell a friend, because Burg Bash 26 is all about having a fun time while still giving thanks for family, friends, and the community that shows up for us.

A well established dance program offering a wide variety of opportunities to the Harrisonburg Community

OUR FALL OPPORTUNITIES

Children's Developmental Dance

Beginner/Intermediate level dance classes for youth including Jazz, Int Jazz, Ballet/Tap, Int. Ballet, and Modern/Lyrical.

Beginner & Intermediate

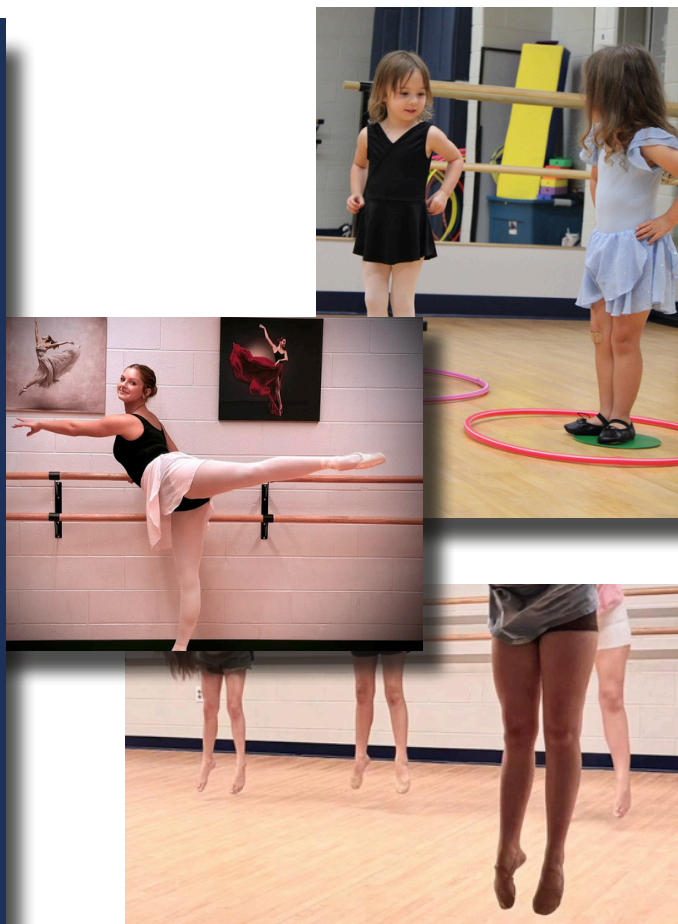
Beginner/Intermediate level dance classes for youth including Beg./Int. Jazz, Adv./Int Jazz, Ballet/Tap, Adv./Int. Ballet, and Modern/Lyrical

Advanced Dance & Upper Level

Classes designed for advanced students

Adult Dance

Adult dance classes geared toward fitness and welcome to all ability levels!



Dance Program Registration & Information:

Registration must take place online at www.HarrisonburgVA.gov/Activities or in-person at any recreation center. If you have questions please call 540-433-2474.

City Resident Registration August 10 | Non Resident Registration August 24

DANCE

Dance Coordinator: Cynthia Marafino
Cynthia.Marafino@HarrisonburgVA.gov
Dance Instructors: Jimmy Marafino, Delaney Clarke, Mary
Cyzick, and Kenzy Hiner

For registration questions please email
Harriet.Flynn@harrisonburgva.gov

All classes take place at the Community Activities
Center

No classes:

October 7th - October 9th (Wednesday-Friday classes)
October 12th (Monday Class)
October 24th (Saturday classes)
November 3 (Tuesday classes)
November 23rd - November 28th (Thanksgiving Break - all classes)

YOUNG CHILDREN'S

Music & Movement

City Res \$60 | Non Res \$75

#310301A1 | Ages 3.5-5 | M | Sep 14 - Dec 14 | 4:30pm - 5:00pm
#310301A2 | Ages 3.5-5 | F | Sep 11 - Dec 11 | 4:30pm - 5:00pm
#310301A3 | Ages 3.5-5 | Sa | Sep 12 - Dec 12 | 10:30am - 11:00am

Pre Ballet & Creative Movement

City Res \$60 | Non Res \$75

#310303A1 | Ages 5-6 | M | Sep 14 - Dec 14 | 5:00pm - 5:30pm
#310303A2 | Ages 5-6 | F | Sep 11 - Dec 14 | 5:15pm - 5:45pm
#310303A3 | Ages 5-6 | Sa | Sep 12 - Dec 12 | 11:15am - 11:45am

BEGINNER/ INTERMEDIATE

Jazz

City Res \$60 | Non Res \$75

#310311A1 | Ages 6 - 7 | W | Sep 9 - Dec 9 | 4:30pm - 5:15pm

Intermediate Jazz

City Res \$60 | Non Res \$75

#310302A1 | Ages 7 - 9 | Tu | Sep 8 - Dec 8 | 4:30pm - 5:15pm

Ballet/ Tap

City Res \$60 | Non Res \$75

#310304A1 | Ages 6 - 7 | M | Sep 14 - Dec 14 | 5:30pm - 6:15pm
#310304A2 | Ages 6 - 7 | Th | Sep 10 - Dec 10 | 4:30pm - 5:15pm

Intermediate Ballet

City Res \$60 | Non Res \$75

#310307A1 | Ages 7 - 9 | W | Sep 9 - Dec 9 | 5:15pm - 6:00pm

Modern/ Lyrical

Taking both ballet and jazz is recommended

City Res \$60 | Non Res \$75

#310319A1 | Ages 10+ | W | Sep 9 - Dec 9 | 6:00pm - 6:45pm

ADVANCED

Advanced Jazz I

City Res \$60 | Non Res \$75

#310320A1 | Ages 10+ | Tu | Sep 8 - Dec 8 | 5:15pm - 6:00pm

Advanced Ballet I

City Res \$60 | Non Res \$75

#310305A1 | Ages 10+ | Th | Sep 10 - Dec 10 | 5:15pm - 6:00pm

Teen/Preteen Tap & Musical Theatre

Taking jazz is recommended

City Res \$60 | Non Res \$75

#310325A1 | Ages 11+ | W | Sep 9 - Dec 9 | 7:30pm - 8:15pm

UPPER-LEVEL ADVANCED

Upper-level advanced classes have skill requirements. You will receive an email before enrollment day if your child is eligible for these classes. These classes are two semester commitments (September through May). You will be billed for two semesters per class. \$60/\$75 in August and \$75/\$90 in December. Participants are expected to perform in the dance concerts on May 15, 2027

Advanced Jazz II

Fall Cost: City Res \$60 | Non Res \$75

#310330A1 | Tu | Sep 8 - May 4 | 7:15pm - 8:00pm

Advanced Ballet II Pointe

Fall Cost: City Res \$60 | Non Res \$75

#310324A1 | W | Sep 9 - May 5 | 6:45pm - 7:30pm

Advanced Ballet III Pointe

Fall Cost: City Res \$60 | Non Res \$75

#310324A2 | Th | Sep 10 - May 6 | 6:00pm - 7:00pm

Advanced Modern/ Lyrical

Fall Cost: City Res \$60 | Non Res \$75

#310329A1 | Th | Sep 10 - May 6 | 7:00pm - 8:00pm

Blue Crew Dance

Students must be enrolled in two intermediate/advanced classes per week. One of these classes must be an advanced ballet or jazz. Taking more classes is encouraged. Students must plan to be enrolled in both the Fall and Winter/Spring sessions as we create group choreography to be performed.

#310317A1 | Tu | Sep 8 - May 4 | 6:15pm - 7:15 pm

ADULT CLASSES

Adult Ballet for Fun & Exercise

City Res \$40 | Non Res \$50

#320316A1 | Ages 18+ | M | Sep 14 - Nov 9 | 6:30pm - 7:15pm

Adult Tap for Fun & Exercise

City Res \$40 | Non Res \$50

#320316A1 | Ages 18+ | M | Sep 14 - Nov 9 | 7:15pm - 8:00pm



FALL 2026

50 & WISER

Our 50 and Wiser program provides recreation and social opportunities for those age 50 and beyond!

OUR FALL OPPORTUNITIES

Fitness

Our 50 & Wiser program offers a diverse selection of low to high impact fitness classes including Cardio & Strength, Gentle Stretch, Pilates and Yoga!

Social & Enrichment

Our 50 & Wiser program offers a diverse selection of social and enrichment program opportunities including, Monday Matinee, Book Club, Lunch Bunch, Craft and Chat, Crochet, and Bowling. Check out what is taking place this Fall!



50 & Wiser Registration & Information:

Registration must take place online at www.HarrisonburgVA.gov/Activities or in-person at any recreation center. If you have questions please call 540-432-7799.

City Resident Registration August 10 | Non Resident Registration August 24

50 & WISER

GENTLE/ BEGINNER

Gentle Stretch

Instructor: Cory Jeffries

Gentle Stretch Class sets the tone for your day's body activity. Each stretch class is designed to boost your well-being and joint mobility as you move your body with low impact stretches. If you ever feel a bit stiff as you start your daily routine, this class may be just what you need to help prepare you for the day ahead with gentle stretches.

No Class September 7, October 12, November 11, 23 & 25

Location: Price Rotary Senior Center

City Res \$36 | Non Res \$40 | Ages 50+

#340505A1 | M, W | Sep 2 - Oct 7 | 9:00am - 9:30am

#340505A2 | M, W | Oct 19 - Dec 2 | 9:00am - 9:30am

Moving & Grooving PLUS! Instructor: Cory Jeffries

In these high-energy sessions, we focus on dynamic movements, muscle building, and cardiovascular conditioning to keep you active and fit. Wear comfy workout attire and sneakers. Students will be required to purchase adjustable ankle weights up to 5lbs and exercise bands. Additional equipment information will be provided the first class.

No Class November 3, 24, & 26

Location: Lucy F. Simms Center Auditorium

City Res \$10 | Non Res \$20 | Ages 50+

#340514A1 | Tu, Th | Sep 1 - Oct 8 | 9:00am - 9:50am

#340514A2 | Tu, Th | Sep 1 - Oct 8 | 10:00am - 11:30am

#340514A3 | Tu, Th | Oct 20 - Dec 3 | 9:00am - 9:50am

#340514A4 | Tu, Th | Oct 20 - Dec 3 | 10:00am - 11:30am

Chair Yoga

Instructor: Anna Smith

Chair Yoga for EVERY BODY is a gentle, accessible form of yoga that promotes wellness at any age. All movements are done while seated or with the support of a chair, making it approachable for all levels of mobility. Please bring a yoga mat and any props that support your practice, such as blocks, a strap, or a cozy blanket.

Location: Price Rotary Senior Center

City Res \$25 | Non Res \$32 | Ages 50+

#340526A1 | Tu | Sep 8 - Oct 13 | 1:00pm - 2:00pm

Tai Chi for Arthritis and Fall Prevention

Tai Chi for Arthritis and Fall Prevention has been recognized by many national organizations including the Arthritis Foundation Administration for Community Living as safe and effective. Slow, controlled movements build muscle strength, improve balance, gently free up stiff joints, and relieve stress. All movements are done in an upright standing position or may be done seated by those unable to stand. The physical exertion level of this class is similar to that of walking.

No class Nov 27

To register call VPAS at 540-615-5341.

Location: Price Rotary Senior Center

Free | Ages 60+

F | Aug 28 - Dec 18 | 9:00am - 9:45am (New Participants)

F | Aug 28 - Dec 18 | 8:15am - 8:45am (Advanced)



INTERMEDIATE/ ADVANCED

Yogalates

Instructor: Dana Neff

Yogalates is a fusion of Yoga and Pilates. Essentially, it is a movement system that stretches and strengthens all the major muscles while also calming the mind. Attention is paid to building strength and endurance. As in Pilates, resistance bands can be used.

No class November 25, December 23, December 30

Location: Price Rotary Senior Center

City Res \$32 | Non Res \$35 | Ages 50+

#340513A1 | W | Sep 2 - Oct 7 | 10:00am - 11:00am

#340513A2 | W | Oct 14 - Nov 18 | 10:00am - 11:00am

#340513A3 | W | Dec 2 - Jan 20 | 10:00am - 11:00am

Pilates

Instructor: Dana Neff

Focuses on total body strength, endurance, and flexibility. An emphasis on movement quality, posture, and breathing makes pilates a safe and revitalizing workout while challenging the body in a new way. Promotes posture, increased strength, and range of motion. Bring your own exercise mat to class.

No class November 11, December 24, December 31

Location: Price Rotary Senior Center

City Res \$32 | Non Res \$35 | Ages 50+

#340512A1 | Th | Sep 3 - Oct 8 | 11:30am - 12:15pm

#340512A2 | Th | Oct 15 - Nov 19 | 11:30am - 12:15pm

#340512A3 | Th | Dec 3 - Jan 21 | 11:30am - 12:15pm

Cardio & Strength

Instructor: Cory Jeffries

Stretch, strengthen, and get fit! This 45-minute class works the heart, muscles, and more. Variety and fun guaranteed. Please bring a mat (exercise or yoga), towel, and water-bottle.

No Class November 3, 24, & 26

Location: Community Activities Center Fitness Studio

City Res \$36 | Non Res \$43 | Ages 50+

#340500A1 | Tu, Th | Sep 1 - Oct 8 | 4:30pm - 5:15pm

#340500A2 | Tu, Th | Sep 1 - Oct 8 | 5:30pm - 6:15pm

#340500A3 | Tu, Th | Oct 20 - Dec 3 | 4:30pm - 5:15pm

#340500A4 | Tu, Th | Oct 20 - Dec 3 | 5:30pm - 6:15pm

50 & Wiser Yoga

Instructor: Robin Atwood

Join us in learning foundational yoga poses and sequences that are welcoming to all ability levels in the 50 and Wiser community. Please bring your own yoga mat and yoga blocks to class.

Location: Price Rotary Senior Center

City Res \$40 | Non Res \$50 | Ages 50+

#340525A1 | Tu at 3:00pm & Th at 4:15pm | Sep 22 - Oct 8

#340525A2 | Tu | Nov 10 - Dec 15 | 3:00pm - 4:00pm

ARTS & CRAFTS

Craft and Chat

Social group for people age 50+ who like to knit, crochet, or craft. Bring whatever you are working on and come socialize with other peers. We also work on items to donate to local organizations. Drop in and join the group!

Location: Price Rotary Senior Center

Free | Ages 50+

Tu, Th | Ongoing | 9:00am - 11:00am

Beginner Crochet

Instructor: Meki Shifflett

This class is for beginners and for those who have not crocheted for a while. You will learn the basic stitches and end up with a dish cloth. A supply list will be handed out at the first class.

Location: Price Rotary Senior Center

City Res \$30 | Non Res \$36 | Ages 50+

#340571A1 | Tu | Sep 22 - Oct 13 | 11:00am - 1:00pm

Crocheting a Christmas Stocking

Instructor: Meki Shifflett

Basic crochet skills required. Class is for right-handed crocheters. You will leave class with a beautiful, crocheted holiday stocking. We will email you a supply list for things to bring to class. It should not be more \$10.00

Location: Price Rotary Senior Center

City Res \$20 | Non Res \$26 | Ages 50+

#340571A3 | Tu | Oct 20 & Oct 27 | 11:00am - 1:15pm

ENRICHMENT

VPAS Cafes

The 1st and 3rd Monday of each month (except on holidays) we will be getting together to learn new things, meet new people, and enjoy a meal. This is a partnership between Parks and Recreation and Valley Program for Aging Services. Contact 540-615-5341 to register. For more information check vpas.info/vpas-cafes.

Location: Price Rotary Senior Center

Free (Registration Required) | Ages 60+

First and Third Monday of Month | 10:00am - 12:00pm



OUTDOOR ADVENTURE

The events below are paced and scaled to be age-appropriate. They do not require super-athletic ability, but participants should be reasonably active, without significant movement limitations (low fitness, mobility or musculo-skeletal restrictions). We will enjoy being together in the outdoors, and we will not be comparing ourselves to twenty-somethings!

Benefits to jumping aboard:

- spending time in our gorgeous and local outdoors
- being with others who like movement and fun
- adding to your learning about outdoor safety and activity skills
- possibly some new clothing! Participate in 3 or more of these Senior Adventures during 2026 (more activities will be offered in the fall) and receive the WILD GUYde Adventures 2026 OLD MOUNTAIN GOAT* t-shirt, along with all the rights, privileges, and adulation pertaining thereto!

(*Gets Out And Tries Stuff!)

Pocosin Remains Hike-Shenandoah Ntl.Park

Talley Spicer from Wander and Wonder Co. will lead us to remains of the Pocosin Mission in Shenandoah Ntl. Park. Built in 1902, this was a part of the Episcopalian Church's attempt to minister to rural mountain communities. "Step into the quiet woods of Pocosin Mission and uncover the layered history hidden along the trail. This guided history hike explores the story of the mission community, the rugged mountain families who once called the area home, and the lasting impact of faith, resilience, and Appalachian culture in the region. There will be an access fee to bring your vehicle on to Skyline Drive, or you may bring your Lifetime Pass.

Location: Shenandoah National Park

City Res \$40 | Non Res \$45 | Ages 50+

#331309A1 | Tu | Oct 13 | 9:30am - 12:00pm

Hidden Rocks Trail Hike

An afternoon hike with stream crossings and rhododendron, to a beautiful rock cliff band in the George Washington Ntl. Forest, along with some learning about basic outdoor safety. A personal suggested clothing list, medical form/participant agreement, and driving directions to the activity meetup will be supplied by WILD GUYde Adventures after registration.

Location: George Washington National Forest

City Res \$32 | Non Res \$37 | Ages 50+

#331308A2 | W | Oct 21 | 1:00pm - 5:00pm

Indoor Climbing at the EMU Climbing Wall

An afternoon to explore the vertical world at a beginner level. Learn how to harness up, belay, and try your hand at getting up off the ground on some moderate climbs.

All technical gear and instruction is provided; a personal suggested clothing list, medical form/participant agreement, and driving directions to the activity meetup will be supplied by WILD GUYde Adventures after registration.

Location: Eastern Mennonite University

City Res \$40 | Non Res \$45 | Ages 50+

#331307A1 | W | Dec 16 | 1:00pm - 4:00pm

50 & WISER

SOCIAL

Breakfast Club

Come start the day with friends, old and new. We will meet at different breakfast spots once a month at 9am. Please contact Lynn.Hoy@harrisonburgva.gov if you are planning on attending by the Friday before. Everyone orders off the menu.

Ages 50+

Sep 9 - IHOP - 109 University Blvd. Harrisonburg

Oct 7 - Magdalena Cafe - 439 N Main St. Bridgewater

Nov 4 - The Galley - 2430 S. Main St. Harrisonburg

Dec 2 - The Village Inn - 4979 S. Valley Pike, Harrisonburg

Lunch Bunch

Looking for a good excuse to get out of the house? Looking for a place to meet friends, old and new? The Lunch Bunch meets on selected Thursdays at different area restaurants. Check your calendar and join us! Please register the Friday before so reservations can be made. All lunches are 11:15am - 1pm. Order off of the menu. Contact Lynn.Hoy@HarrisonburgVA.gov to register.

Ages 50+

Sep 17 - Macado's - 103 S. Main St. Bridgewater

Oct 15 - Big Meadows Lodge - Shenandoah National Park

Nov 19 - Indian and American Cafe - 91 N Main St, Hburg

Dec 10 - Rocktown Kitchen - 217 S Liberty St, Hburg

Social Club

There are a lot of people ages 50+ looking for something to do in the evenings and on weekends. Let's get together and go to the movies, ball game, dinner or anything fun to socialize, get out of the house and meet new friends. Please contact Lynn Hoy by emailing Lynn.Hoy@HarrisonburgVA.gov or calling 540-432-7799 to be notified of the upcoming event or fun activity we have planned.

SOCIAL

Book Club

Book club is about the enjoyment of reading, whether you are an occasional or avid reader. Books are chosen by the members of the club. Please join us to laugh, share wisdom, gain insight, and make new friends. Please read the book prior to the first Monday of the month except for September when we will meet September 14.

Contact Lynn.Hoy@HarrisonburgVA.gov to register.

Location: Price Rotary Senior Center

Free| Ages 50+

First Monday of the month | Ongoing | 3:00pm - 5:00pm

Thursday Afternoon Games

Come to the Senior Center and play a variety of games including Mexican Train Dominoes, Sequence, and a variety of other games.

Location: Price Rotary Senior Center

Free| Ages 50+

Th | Ongoing | 2:15pm - 4:00pm

Thursday Afternoon Bowling

Enjoy bowling in a relaxed atmosphere. Experienced or inexperienced bowlers are welcome. Bowl for 16 weeks. Fee includes 3 games, rental shoes, and rental ball. Even during a season we are always needing substitutions for teams each week - so just come and check us out.

New session starts September 3.

Location: Valley Lanes

Ages 50+

Th | Ongoing | 12:30pm - 3:00pm





FALL 2026

GOLF

Come play the award-winning golf course voted as one of the top 25 underrated municipal golf courses in the United States by GOLF Magazine (June 2021).

HERITAGE OAKS GOLF COURSE

Rates & Hours

Visit www.HeritageOaksGolfVA.com

Programs, Leagues, Lessons

Several programs and leagues are offered throughout the year. We also offer lessons.

First Tee

First Tee impacts the lives of young people by providing educational programs that build character, instill life-enhancing values and promote healthy choices through the game of golf. Visit FirstTeeShenandoahValley.org or call 540-437-4239 for more information.



Heritage Oaks Registration & Information:

More information can be found at www.HeritageOaksGolfVA.com

If you have questions please call 540-442-6502.

REGISTRATION INFORMATION

HOW DO I REGISTER?

Register Online through WebTrac

To create an online WebTrac account please call us at 540-433-2474. Once your account is created, you can login to WebTrac to register for programs, classes, events, and shelter reservations. If you have any questions or issues regarding your account, call the Cecil F. Gilkerson Community Activities Center at 540-433-2474. For more information regarding program registration, visit www.harrisonburgva.gov/Activities.

Register In-Person

Cecil F. Gilkerson Community Activities Center 305 S Dogwood Drive, Harrisonburg, VA 22801

Lucy F. Simms Continuing Education Center, 620 Simms Ave, Harrisonburg, VA 22802

Westover Pool, 305 S Dogwood Drive, Harrisonburg, VA 22801

Shelter Reservations

Park shelter reservations are accepted on a first-come, first-served basis, and may be submitted online or in person at: Cecil F. Gilkerson Community Activities Center or the Lucy F. Simms Continuing Education Center. Park shelter reservations run April 13 - October 31. Only one permit is issued for the entire day from 10am-6pm for \$35. Shelter reservations are accepted up to 7 days in advance of reservation. For more information, please visit www.harrisonburgva.gov/shelters.

PAYMENT DETAILS

Payment Methods

CASH | CHECK | VISA | MASTERCARD | DISCOVER | AMERICAN EXPRESS | APPLE PAY

Make Checks Payable to: Department of Parks and Recreation

All returned checks are subject to a mandatory \$35 fee per City Code 4-1-37.

Refund Policy

If a program is cancelled by the Harrisonburg Parks and Recreation, a refund for the full amount will be issued. Individual cancellations prior to the start of a class will receive a full refund minus a \$10 administrative fee for each class withdrawn. No refunds/credits will be issued on or after the first day of class. No refunds will be issued for less than \$10. Customer will receive a refund unless there is an existing household balance. In such a case, this refund will be directly applied as a credit to that balance. The complete refund policy can be found online at www.HarrisonburgVA.gov/Activities.

Refund Options

Household Credit | Check | Credit Card | No Cash Refunds

Class Minimums

If classes do not meet minimums, they will be cancelled. Registered participants will be notified at least 3 business days before class is to begin. So, tell your friends! Make sure your class isn't cancelled.

Disclaimer

This schedule of classes is published for information purposes only. We strive to produce the most accurate program guide possible. However, some program information may be subject to change. We will make every effort to notify participants of any changes.